

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 ALL SAINTS' DAY 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist – CAC 1:00 Open Ping Pong - FS 1:30 Lutheran Church Service by Grace Lutheran - CAC **2:00 Matinee Series – CIN** ***Masterpiece's "Poldark" Season Three: Ep. #5 & #6*** 4:30 Sunday Sing-a-Long – LG ***Daylight Saving Time Ends Turn Clocks Back 1 Hour***	**2** ALL SOULS' DAY 8:30 Qigong - FS 9:30 Balance Pro - CAC **10:00 DEPART: Walmart Shopping** 10:30 Strength Building - CAC **11:15 Monday Curiosity – CIN** ***"Gold Rush in the Deep Sea"*** 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - CHP 1:00 Ladies Bible Study Fellowship - CAC & DES 1:30 Chair Yoga – FS **2:30 Chair Volleyball – CAC** 2:30 Let's Play Thirteen – BIS **6:45 MediciTV Presents – CIN** **"Vienna Philharmonic performs Poulenc, Debussy & Zemlinsky"**	**3** ELECTION DAY **8:00-9:30 Voting Shuttle - ME** 8:30 Outdoor Tai Chi - BT 8:30 Prayer & Bible Study - BIS 9:30 Aqua Blast - IP **10:00 DEPART: Publix Shopping** 10:00 Social Stitchers - LIB 10:30 Rummikub - CHP 10:30 Mat Yoga - FS 11:30 Scrabble – LIB **1:00-3:00 Voting Shuttle - ME** **1:00 Primetime University – CIN** **"Iconic Moments in Film, Part 2"** 2:30 Tai Chi - FS 4:00-5:00 Fifth-Third Bank Hour **4:15 DEPART: *"9 to 5"* at Broadway Palm Dinner Theatre – ME**	**4** 8:00-10:00 Uniguest Help with Benji - BIS 8:15 Ping Pong – FS 8:30 Outdoor Qigong - BT 9:30 Balance Pro - CAC 9:30 The Bridge Club – EXD **10:00 Supervised Gym - GYM** 10:30 Stretch & Unwind Fitness – FS 11:30 Cardio Strength - FS 1:00 Art Class - AS **1:00 Blackjack - CHP** 1:30 Balance Basics – FS **3:00 Brain Builder's Club - CIN** 7:00 Friends of Bill W - CHP	**5** 8:30 Outdoor Tai Chi - BT 9:00 Men's Coffee - DES 9:30 Aqua Blast - IP **10:30 Bible Study with Benji - CIN** 10:30 Mat Pilates - FS 12:30 Open Poker – CHP **1:00 "The Exchange" – DES with Linda Kay Hinkle** 1:30 Line Dancing with Sky - FS 2:00 Mah-Jongg Refresher – BIS **2:00 FGCU Academy – CAC** **"Outsmart Scammers & Stay Safe Online"** 2:30 Tai Chi - FS 3:30 Open ZIBRIO Testing – FS	**6** 8:30 Qigong – FS 9:00 Coffee with SWFL Vets - DES 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker – CHP **1:00 Lightning Bingo - CIN** 1:30 Chair Yoga – FS **2:30 College Bound! – CIN** **"Introduction to the Constitution"** **Lessons #1 & #2**	**7** 9:30 Ping Pong - FS 10:30 Rummikub - CHP 1:00 Open Ping-Pong - FS **2:30 Documentary Feature – CIN** ***"The Cholesterol Code"*** **7:00 Feature Film – CAC** ***"The Thursday Murder Club"*** ***Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742***
8 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist – CAC 1:00 Open Ping Pong - FS **2:00 Matinee Series – CIN** ***Masterpiece's "Poldark" Season Three: Ep. #7 & #8*** 4:30 Sunday Sing-a-Long – LG	**9** 8:30 Qigong – FS 9:30 Balance Pro - CAC 10:30 Strength Building - CAC **11:15 Monday Curiosity – CIN** ***"Book of Knowledge"*** 11:30 Sit & Be Fit - FS 12:30 Samba Card Game – CHP **12:30 DEPART: Shopping Excursion to the NEW Bargain Basket - ME** 1:00 Ladies Bible Study Fellowship - CAC & DES 1:30 Chair Yoga – FS **2:00 International Film – CIN** **"The Marching Band"** 2:30 Let's Play Thirteen – BIS	**10** 8:30 Outdoor Tai Chi - BT 8:30 Prayer & Bible Study - BIS **9:30 Pool Volleyball - IP** **10:00 DEPART: Publix Shopping** 10:00 Social Stitchers – LIB **10:30 Tech Talk with Erick - CIN** 10:30 Rummikub - TCR 10:30 Mat Yoga – FS 11:30 Scrabble – LIB **1:00 Sky at "The Exchange" – DES** **2:00 Resident/Staff Bocce Game – Bocce Courts** 2:30 Tai Chi - FS 4:00-5:00 Fifth-Third Bank Hour **5:30 Autumn Cozy by the Fire – Fire Pit**	**11** VETERANS DAY 8:00-10:00 Uniguest Help with Benji - BIS 8:15 Ping Pong – FS 8:30 Outdoor Qigong - BT 9:30 Balance Pro - FS 9:30 The Bridge Club – EXD 10:30 Stretch & Unwind Fitness – FS **10:30 Veterans Day Service – CAC** 11:30 Cardio Strength - FS 1:00 Art Class - AS **1:00 Blackjack - CHP** 1:30 Balance Basics - FS **3:00 Brain Builder's Club - CIN** 7:00 Friends of Bill W - CHP	**12** 8:30 Outdoor Tai Chi - BT 9:00 Men's Coffee - DES 9:30 Aqua Blast - IP **10:30 Bible Study with Benji - CIN** 10:30 Mat Pilates - FS 12:30 Open Poker – CHP **1:00-3:00 Crafter's Choice Open Studio - TCR** 1:30 Line Dancing with Sky – FS 2:00 Mah-Jongg Refresher - BIS **2:00 Caregiver Support Group – Assisted Living Chapel** **2:30 Carol Jonson Presents - CIN** **"Michelangelo's Sistine Chapel Frescoes"** 2:30 Tai Chi - FS 3:30 Open ZIBRIO Testing - FS	**13** 8:30 Qigong – FS 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - CHP 1:30 Chair Yoga – FS 2:00 Duplicate Bridge - TCR **2:30 College Bound! – CIN** **"Introduction to the Constitution"** **Lessons #3 & #4** **3:30 "Back of the Closet" Cocktail Party - DES** **7:00 Concert Pianist Solomon Eichner – CAC**	**14** **8:00 DEPART: Walk to End Alzheimer's - ME** 9:30 Ping Pong - FS 10:30 Rummikub - CHP 1:00 Open Ping-Pong - FS **2:30 Documentary Feature – CIN** ***"Secret Life of the Cruise"*** **7:00 Feature Film – CAC** ***"The Friend"*** ***Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742***

THE ARLINGTON

Location Key: **AS = Art Studio BIS = Bistro BT = Bocce Terrace CAC = Cultural Arts Center CIN = Cinema CHP = Chapel CLB = Clubhouse DES = Destination Dining EXD = Exhibition (Main) Dining Room FS = Fitness Studio GR = Game Room IP = Indoor Pool LIB = Library LG = Lounge ME = Main Entrance PUB = Pub TCR = Terrace Club Room WC = Wellness Center ZOOM or ZM = Streaming via Zoom**

PLEASE NOTE: ALL EVENTS ARE SUBJECT TO CHANGE WITHOUT NOTICE

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist – CAC 1:00 Open Ping Pong - FS **2:00 Matinee Series – CIN** ***Masterpiece's "Poldark" Season Three: Ep. #9*** 4:30 Sunday Sing-a-Long - LG	**16** 8:30 Qigong – FS 9:30 Balance Pro - CAC **10:00 DEPART: Walmart Shopping** 10:30 Strength Building - CAC **11:15 Monday Curiosity – CIN** ***"Game Changers"*** 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - CHP 1:00 Ladies Bible Study Fellowship - CAC & DES 1:30 Chair Yoga – FS **2:00 Let's Talk About It – CIN** **"Connectedness—What Really Connects Us?"** **2:30 Exercise Escape Room - FS** 2:30 Let's Play Thirteen – BIS **7:00 Hudak on Hollywood – CAC** **"Great Quotes in Film History"** ***(In-Person Lecture)***	**17** 8:30 Prayer & Bible Study - BIS 9:30 Aqua Blast with Sandra - IP **10:00 DEPART: Publix Shopping** 10:00 Social Stitchers – LIB **10:30 Tech Talk with Erick – CIN** **Troubleshooting Session** 10:30 Rummikub - TCR 10:30 Mat Pilates with Sandra - FS 11:30 Scrabble - LIB **1:00 Book Club – CIN** ***"Whistler" by Ann Patchett*** 4:00-5:00 Fifth-Third Bank Hour **4:45-5:30 Thirsty Pub Game – LG** **"Aww Nuts!" Edition** **7:00 Concert Pianist Jodie DeSalvo Performs – CAC**	**18** 8:00-10:00 Uniguest Help with Benji - BIS 8:15 Ping Pong – FS 9:30 Balance Pro - CAC 9:30 The Bridge Club – EXD 10:30 Stretch & Unwind Fitness - FS 1:00 Art Class - AS **1:00 Resident Town Hall - CAC** **3:00 Brain Builder's Club – CIN** **6:45 MediciTV Presents – CIN** **"Manfred Honeck conducts the Berliner Philharmoniker – Brahms, Schumann & Tchaikovsky" featuring Yo-Yo Ma** 7:00 Friends of Bill W – CHP	**19** 9:00 Men's Coffee - DES 9:30 Aqua Blast with Sandra - IP **10:00-12:00 Self-Care with Essential Oils - WC** **10:30 Bible Study with Benji - CIN** 10:30 Mat Pilates with Sandra - FS 12:30 Open Poker - CHP **1:00 The Art of Kinusaiga "Snip & Tuck" Introductory Workshop - TCR** 2:00 Mah-Jongg Refresher - BIS 3:30 Open ZIBRIO Testing – FS **4:00 Health Matters – CAC** **featuring Dr. Afshin Khaiser, Gastroenterologist** **(RSVP Required to Attend)**	**20** 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 12:15 Mah-Jongg - LIB 12:30 Open Poker - CHP 1:30 Chair Yoga – FS 2:00 Duplicate Bridge - TCR **2:00 College Bound! – CIN** **"Introduction to the Constitution"** **Lessons #5 & #6** **3:30 Tom Turkey's Tipsy Trivia – CAC**	**21** 9:30 Ping Pong - FS 10:30 Rummikub - TCR 1:00 Open Ping-Pong - FS **2:30 Documentary Feature – CIN** ***"Taming the Mouth"*** **7:00 Feature Film – CAC** ***"The Spanish Prisoner"*** ***Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742***
22 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist – CAC 1:00 Open Ping Pong - FS **2:00 Matinee Series – CIN** ***Masterpiece's "Poldark" Season Four: Ep. #1 & #2*** 4:30 Sunday Sing-a-Long – LG	**23** 8:30 Qigong – FS 9:30 Balance Pro - CAC 10:30 Strength Building - CAC **11:15 Monday Curiosity – CIN** ***"Science of Thrills—Speed"*** 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - CHP 1:00 Ladies Bible Study Fellowship - CAC & DES 1:30 Chair Yoga – FS **2:00 Game Day – TCR** **"Not Your Mama's UNO!"** 2:30 Let's Play Thirteen – BIS **3:00 Power of Posture Workshop with Sky – CAC**	**24** 8:30 Outdoor Tai Chi – BT 8:30 Prayer & Bible Study – BIS 9:30 Aqua Blast – IP **10:00 DEPART: Publix Shopping** 10:00 Social Stitchers – LIB 10:30 Rummikub – TCR 10:30 Mat Yoga – FS 11:30 Scrabble – LIB **1:00 Primetime University – CIN** **"New Zealand-100% Pure"** **1:30 ABC Agility Boxing – FS** **2:00 Chick Flick – CAC** **"The Lost King"** 2:30 Tai Chi – FS 4:00-5:00 Fifth-Third Bank Hour **7:00 Elmarie Sings! – CAC**	**25** 8:00-10:00 Uniguest Help with Benji - BIS 8:15 Ping Pong – FS 8:30 Outdoor Qigong - BT 9:30 Balance Pro - CAC 9:30 The Bridge Club – EXD **10:00 Supervised Gym - GYM** 11:30 Cardio Strength - FS 1:00 Art Class - AS **1:00 Blackjack - CHP** 1:30 Balance Basics - FS **3:00 Brain Builder's Club - CIN** 7:00 Friends of Bill W - CHP	**26**  **2:30 "Thanksgiving on Walton's Mountain" – CIN** **4:15 Nostalgia Marathon – CIN** **"The Waltons," Season 2**	**27** 8:30 Qigong – FS 9:00 Coffee with SWFL Vets - ZM 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - CHP 1:30 Chair Yoga – FS **1:30 Black Friday Bingo Bash – CAC** 2:00 Duplicate Bridge - TCR	**28** 9:30 Ping Pong - FS 10:30 Rummikub - TCR 1:00 Open Ping-Pong - FS **2:30 Documentary Feature – CIN** ***"Hamilton: One Shot to Broadway"*** **7:00 Feature Film – CAC** ***"Tick, Tick…BOOM!"*** ***Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742***
29 First Sunday of Advent 10:00 Christian Worship Service - CAC 11:00-2:00 Last Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist – CAC 1:00 Open Ping Pong - FS **2:00 Matinee Series – CIN** ***Masterpiece's "Poldark" Season Four: Ep. #3 & #4*** 4:30 Sunday Sing-a-Long - LG	**30** 8:30 Qigong – FS 9:30 Balance Pro - CAC 10:30 Strength Building - CAC **11:15 Monday Curiosity – CIN** ***"Into America's Wild"*** 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - CHP 1:00 Ladies Bible Study Fellowship - CAC & DES 1:30 Chair Yoga - FS 2:30 Let's Play Thirteen – BIS **3:00 Flamingo Club – CAC** **Balance Workshop**	**1** 8:30 Outdoor Tai Chi - BT 8:30 Prayer & Bible Study - BIS 9:30 Aqua Blast - IP **10:00 DEPART: Publix Shopping** 10:00 Social Stitchers - LIB 10:30 Rummikub - TCR 10:30 Mat Yoga - FS 11:30 Scrabble – LIB **1:00 Primetime University – CIN** **"Silent Night & Festive Days Classical Music for Christmas & Hanukkah"** 2:30 Tai Chi - FS 4:00-5:00 Fifth-Third Bank Hour	**2** 8:00-10:00 Uniguest Help with Benji - BIS 8:15 Ping Pong - FS 9:30 Balance Pro - CAC 9:30 The Bridge Club – EXD 10:30 Stretch & Unwind Fitness - FS 11:30 Cardio Strength - FS 1:00 Art Class - AS **1:00 Blackjack - CHP** 1:30 Balance Basics - FS **3:00 Brain Builder's Club - CIN** 7:00 Friends of Bill W - CHP	**3** 8:30 Outdoor Tai Chi - BT 9:00 Men's Coffee - DES 9:30 Aqua Blast - IP **10:30 Bible Study with Benji - CIN** 10:30 Mat Pilates - FS 12:30 Open Poker – CHP **1:00-3:00 Crafter's Choice Open Studio - TCR** 1:30 Line Dancing with Sky - FS 2:00 Mah-Jongg Refresher – BIS **2:30 Team Trivia - CIN** 2:30 Tai Chi - FS 3:30 Open ZIBRIO Testing – FS		

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