

OCTOBER 2026



				THURSDAY	FRIDAY	SATURDAY				
				1 8:30 Tai Chi - FS 9:00 Men's Coffee - CAC 9:30 Aqua Blast - IP 10:30 Bible Study with Benji - CIN 10:30 Mat Pilates - FS 12:30 Open Poker - TBD 1:30 Move 'n Groove Dance - FS 2:00 Chick Flick - CAC "I Am Woman" 2:00 Mah-Jongg Refresher - BIS 2:30 Tai Chi - FS 3:30 Open ZIBRIO Testing - FS 6:45 MediciTV Presents - CIN "Jordi Sovall conducts Beethoven's Missa Solemnis"	2 8:30 Qigong - FS 9:00 Coffee with SWFL Vets - DES 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - CHP 1:30 Chair Yoga - FS 2:00 LIFE+ Launch Expo - CAC 3:00 E.D.U College Bound! - CIN "Marxism, Socialism & Communism" Lesson #3: Stalin, The Dictator	3 9:30 Ping Pong - FS 10:30 Rummikub - CHP 1:00 Open Ping-Pong - FS 2:30 Documentary Feature - CIN "A Trip to Infinity" 7:00 Feature Film - CAC "Pressure" starring Oscar Award Winner Brendan Fraser <i>Garcia Car Detailing On Campus</i> <i>Starting at 8:00 AM</i> <i>By Appointment: (239) 572-2742</i>				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	8 8:00 Alzheimer's Association "Walk to End Alzheimer's" Kick-Off - CAC 8:30 Outdoor Tai Chi - Bocce Terrace 9:00 Men's Coffee - DES 9:30 Pool Volleyball - IP 10:30 Bible Study with Benji - CIN 10:30 Mat Pilates - FS 12:30 Open Poker - CHP 1:30 Line Dance with Sky - FS 2:00 Caregiver Support Group - Assisted Living Chapel 2:00 LIFE+ Webinar - CIN Understanding Medications, Polypharmacy & Healthy Aging 2:00 Mah-Jongg Refresher - BIS 2:30 Tai Chi - FS 3:30 Open ZIBRIO Testing - FS 4:30-7:00 MIND Diet Dining - EXD	4 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping Pong - FS 1:30 Lutheran Church Service by Grace Lutheran—CAC 2:00 Matinee Series - CIN Masterpiece's "Poldark" Season Two Episodes #7 & #8 4:30 Sunday Sing-a-Long - Lounge	5 8:30 Outdoor Qigong - Bocce Terrace 9:30 Balance Pro - CAC 10:00 DEPART: Shop at Walmart 10:15 Military Land Navigation Instruction - DES 11:00 Concert by First Baptist Academy - CAC 11:30 Sit & Be Fit - FS 12:00 Build a Better Lunch Event - BIS 12:30 Samba Card Game - CHP 1:00 Ladies Bible Study Fellowship - CAC & DES 1:30 Chair Yoga - FS 2:00 LIFE+ Talk & Discussion: "Brain Change" - CIN 2:30 Let's Play Thirteen - BIS ** Reminder ** Strength Building Cancelled Today	6 8:30 Outdoor Tai Chi - Bocce Terrace 8:30 Prayer & Bible Study - BIS 9:00 Greek Yogurt Bar - BIS 9:30 Aqua Blast - IP 10:00 DEPART: Publix Shopping 10:00 Social Stitchers - LIB 10:00 Silent Disco Experience - DES 10:30 Rummikub - CHP 11:30 Scrabble - LIB 1:00 Primetime University - CIN "Breast Cancer—A Comprehensive Review" by Dr. Chris Hickey 2:30 Tai Chi - FS 3:30 Introducing "The Exchange" - BIS 4:00-5:00 Fifth-Third Bank Hour	7 8:00 Community Walk Land Navigation - ME 8:00-10:00 Uniquet Help & with Benji - BIS 8:15 Ping Pong - FS 8:30 Resident/Staff Bocce Game - Bocce Courts 9:30 Balance Pro - CAC 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind Fitness - FS 11:30 Cardio Strength - FS 1:00 Art Class - AS 1:00 Wayne & Lorene Rose at "The Exchange" - DES 1:00 Blackjack - CHP 1:30 Balance Basics - FS 2:00 Olivelle Oil Tasting & Demonstration - DES 3:00 Brain Builder's Club - CIN 7:00 Friends of Bill W - CHP	9 8:30 Outdoor Qigong - Bocce Terrace 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:00 Exercise Escape Room - CAC & FS 12:15 Mah-Jongg - LIB 12:30 Mr. Green "From Our Farms to Your Tables" Presentation - CAC 12:30 Open Poker - CHP 1:30 Chair Yoga - FS 2:00 Tech Talk with Erick - CIN "Wearable Wellness" 3:00 Brain Bowl Awards Ceremony - CAC	10 9:30 Ping Pong - FS 10:30 Rummikub - CHP 1:00 Open Ping-Pong - FS 2:30 Documentary Feature - CAC "The A.I. Doc—Or How I Became an Apocaloptimist" <i>(Shown Again by Request)</i> **Note Location Change** 7:00 Feature Film - CAC "The Searchers" <i>Garcia Car Detailing On Campus</i> <i>Starting at 8:00 AM</i> <i>By Appointment: (239) 572-2742</i>
11 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping Pong - FS 2:00 Matinee Series - CIN Masterpiece's "Poldark" Season Two Episodes #9 & #10 4:30 Sunday Sing-a-Long - Lounge	12 COLUMBUS DAY 8:30 Qigong - FS 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN "Flexible Buildings" 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - CHP 1:00 Ladies Bible Study Fellowship - CAC & DES 1:30 Chair Yoga - FS 2:30 Let's Play Thirteen - BIS 3:00 "Power of Posture" - CAC Workshop with Sky 6:45 MediciTV Presents - CIN "Songs for Hope—Price, Gershwin, Bonds & Bernstein"	13 8:30 Tai Chi - FS 8:30 Prayer & Bible Study - BIS 9:30 Aqua Blast - IP 10:00 DEPART: Publix Shopping 10:00 Social Stitchers - LIB 10:30 Rummikub - CHP 10:30 Mat Yoga - FS 11:30 Scrabble - LIB 1:00 Chair Volleyball - CAC 2:00 History on Demand - CIN "Outpost to Statehood— The Florida Territory" by Marco Island Historical Society 2:30 Tai Chi - FS 4:00-5:00 Fifth-Third Bank Hour 7:00 Konstantin Soukhovetski Performs - CAC	14 8:00-10:00 Uniquet Help with Benji - BIS 8:15 Ping Pong - FS 9:30 Balance Pro - CAC 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind Fitness - FS 11:30 Cardio Strength - FS 1:00 Art Class - AS 1:00 "Medicare Open Enrollment—What You Need to Know" presentation by SHINE 1:00 Blackjack - CHP 1:30 Balance Basics - FS 3:00 Brain Builder's Club - CIN 4:15 DEPART: Dinner Outing to Backyard Fire Grill - ME 7:00 Friends of Bill W - CHP	15 8:30 Tai Chi - FS 9:00 Men's Coffee - DES 9:30 Aqua Blast - IP 10:00-12:00 Self-Care with Essential Oils - Wellness 10:30 Bible Study with Benji - CIN 10:30 Mat Pilates - FS 12:30 Open Poker - CHP 1:30 Line Dance with Sky - FS 2:00 Mah-Jongg Refresher - BIS 2:30 Team Trivia - CIN 2:30 Tai Chi - FS 3:30 Open ZIBRIO Testing - FS 4:45-5:30 Thirsty Pub Game - Lounge	16 8:30 Qigong - FS 9:00 Coffee with SWFL Vets - ZM 12:15 Mah-Jongg - LIB 12:30 Open Poker - CHP 2:30 E.D.U College Bound! - CIN "Marxism, Socialism & Communism" Lesson #4: The Critics— Solzhenitsyn, Mises & Hayek 5:00 Chuck Wagon Bingo - CAC ** Reminder ** Dave's Fitness Classes are Cancelled for Today	17 9:30 Ping Pong - FS 10:30 Rummikub - CHP 1:00 Open Ping-Pong - FS 2:30 Documentary Feature - CIN "The Lake at the Bottom of the World" 7:00 Feature Film - CAC "Tombstone" <i>Garcia Car Detailing On Campus</i> <i>Starting at 8:00 AM</i> <i>By Appointment: (239) 572-2742</i>				

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping Pong - FS 2:00 Matinee Series - CIN Masterpiece's "Poldark" Season Three Episodes #1 & #2 4:30 Sunday Sing-a-Long - Lounge	19 8:30 Qigong - FS 9:30 Balance Pro - CAC 10:00 DEPART: Walmart Shopping 11:15 E.D.U. Curiosity - CIN "Cities of Tomorrow—Vertical Farms" 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - CHP 1:00 Ladies Bible Study Fellowship - CAC & DES 1:30 Chair Yoga - FS 2:00 Consider This Discussion: "Are We Losing the Art of Paying Attention?" - CIN 2:30 Let's Play Thirteen - BIS ** Reminder ** Strength Building Cancelled Today	20 8:30 Tai Chi - FS 8:30 Prayer & Bible Study - BIS 9:30 Aqua Blast - IP 10:00 DEPART: Publix Shopping 10:00 Social Stitchers - LIB 10:30 Rummikub - CHP 10:30 Tech Talk with Erick - CIN Open Help Session 10:30 Mat Yoga - FS 11:30 Scrabble - LIB 1:00 Book Club - CIN "More Than Enough" by Anna Quindlan 1:30 ABC Agility Boxing Class - FS 2:30 Tai Chi - FS 4:00-5:00 Fifth-Third Bank Hour	21 8:00-10:00 Uniguest Help & with Benji - BIS 8:15 Ping Pong - FS 9:30 Balance Pro - CAC 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind Fitness - FS 11:30 Cardio Strength - FS 1:00 Art Class - AS 1:00 Blackjack - CHP 1:30 Balance Basics - FS 3:00 Brain Builder's Club - CIN 7:00 Friends of Bill W - CHP	22 8:30 Tai Chi - FS 9:00 Men's Coffee - DES 9:30 Aqua Blast - IP 10:30 Bible Study with Benji - CIN 10:30 Mat Pilates - FS 12:30 Open Poker - CHP 1:30 Line Dancing with Sky - FS 2:00 Mah-Jongg Refresher - BIS 2:00 Alzheimer's Support Network Group - AL Chapel 2:00 FGCU Academy - CAC "The Rise of A.I.—From Concept to ChatGPT" 2:30 Tai Chi - FS 3:30 Open ZIBRIO Testing - FS 4:00 DEPART: Dinner Outing to Longhorn Steakhouse - ME	23 8:30 Qigong - FS 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - CHP 1:00 Croquet Court Grand Opening Event - Bocce Terrace 1:30 Chair Yoga - FS 2:30 E.D.U College Bound! - CIN "Marxism, Socialism & Communism" Lesson #5: The Acolytes—Yugoslavia & China	24 9:30 Ping Pong - FS 10:30 Rummikub - CHP 1:00 Open Ping-Pong - FS 2:30 Documentary Feature - CIN "CEO of Sinaloa" 7:00 Feature Film - CAC "Once Upon a Time in the West" (1968) <i>Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742</i>
25 10:00 Christian Worship Service - CAC 11:00-2:00 Last Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping Pong - FS 2:00 Matinee Series - CIN Masterpiece's "Poldark" Season Three Episodes #3 & #4 4:30 Sunday Sing-a-Long - Lounge	26 8:30 Qigong - FS 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN "My Music Brain" 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - CHP 1:00 Ladies Bible Study Fellowship - CAC & DES 1:30 Chair Yoga - FS 2:00 Team Trivia - CIN 2:30 Let's Play Thirteen - BIS 3:00 Flamingo Club Workshop - CAC	27 8:30 Tai Chi - FS 8:30 Prayer & Bible Study - BIS 9:30 Aqua Blast - IP 10:00 DEPART: Publix Shopping 10:00 Social Stitchers - LIB 10:30 Rummikub - CHP 10:30 Mat Yoga - FS 11:30 Scrabble - LIB 2:30 Tai Chi - FS 3:30 Epic Film & Dinner - CAC "The Good, The Bad & The Ugly" 4:00-5:00 Fifth-Third Bank Hour	28 8:00-10:00 Uniguest Help with Benji - BIS 8:15 Ping Pong - FS 9:30 Balance Pro - CAC 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind Fitness - FS 11:30 Cardio Strength - FS 1:00 Art Class - AS 1:00 Blackjack - CHP 1:30 Balance Basics - FS 2:00 Resident Quarterly Meeting - CAC 6:15 Primetime University - CIN "A Classical Halloween" with Music Historian Betsy Schwarm 7:00 Friends of Bill W - CHP	29 8:30 Tai Chi - FS 9:00 Men's Coffee - DES 9:30 Aqua Blast - IP 10:30 Bible Study with Benji - CIN 10:30 Mat Pilates - FS 12:30 Open Poker - CHP 1:30 Line Dancing with Sky - FS 2:00 Chick Flick - CAC "Murphy's Romance" 2:00 Mah-Jongg Refresher - BIS 2:30 Tai Chi - FS 3:30 Open ZIBRIO Testing - FS 7:00 Historical Impersonator Peter M. Small as "George Burns" - CAC	30 8:30 Qigong - FS 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - CHP 2:30 E.D.U College Bound! - CIN "Marxism, Socialism & Communism" Lesson #6: The Utopians—Cultural Marxism	31 HAPPY HALLOWEEN 9:30 Ping Pong - FS 10:30 Rummikub - CHP 1:00 Open Ping-Pong - FS 2:30 Documentary Feature - CIN "Empire of Mirrors" 6:30 Haunted Halloween After Dinner Hoedown - CAC <i>Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742</i>
1 NOVEMBER 10:00 Christian Worship Service - CAC 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping Pong - FS 1:30 Lutheran Church Service by Grace Lutheran—CAC 2:00 Matinee Series - CIN Masterpiece's "Poldark" Season Three Episodes #5 & #6 4:30 Sunday Sing-a-Long - Lounge	2 ALL SOULS DAY 8:30 Qigong - FS 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN "Gold Rush in the Deep Sea" 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - TBD 1:00 Ladies Bible Study Fellowship - CAC & DES 1:30 Chair Yoga - FS 2:30 Let's Play Thirteen - BIS 6:45 MediciTV Presents - CIN "Lorenzo Viotti conducts Poulenc, Debussy & Zemlinsky with the Vienna Philharmonic"	3 8:30 Tai Chi - FS 8:30 Prayer & Bible Study - BIS 9:30 Aqua Blast - IP 10:00 DEPART: Publix Shopping 10:00 Social Stitchers - LIB 10:30 Rummikub - TBD 10:30 Mat Yoga - FS 11:30 Scrabble - LIB 1:00 Primetime University - CIN "Iconic Moments in Film, Part II" 1:30 Boxing Fitness - FS 2:30 Tai Chi - FS 4:00-5:00 Fifth-Third Bank Hour		Health & Wellness Providers on Campus: • Dr. Anna K, Psychologist: • Life Hearing: • Self-Care with Essential Oils Tuesdays & Thursdays by Appointment Wednesday, Oct. 14 starting at 1:00 PM Thursday, Oct. 15 from 10:00 AM to Noon Call the Health & Wellness Navigator (Center for Wellness) to Schedule an Appointment ~ 307-3018		