

JULY 2026

250 & Free JUBILEE

			WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 7:00 "250 Flags" Project - ME 8:00-10:00 Uniguest Help Session with Benji - CHP 8:15 Ping Pong - FS 9:30 Balance Pro - CAC 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind Fitness - FS 11:30 Cardio Strength - FS 1:00 Art Class - AS 1:00 Blackjack - TCR 1:30 Balance Basics - FS 3:00 Brain Builder's Club - CIN 7:00 Friends of Bill W - CHP	2 8:30 Tai Chi - FS 9:00 Men's Coffee - CAC 9:30 Aqua Blast - IP 10:30 Bible Study with Benji - CIN 10:30 Mat Pilates - FS 12:30 Open Poker - TCR 1:00 The Future According to TED "Space & Life Beyond Earth" - CIN 1:30 Move 'n Groove Dance - FS 2:00 Mah-Jongg Refresher - BIS 2:30 Tai Chi - FS 3:30 Open ZIBRIO Testing - FS 3:30 Starstruck Social - BIS AON Star Names Reveal	3 8:30 Qigong - FS 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:30 Chair Yoga - FS 2:30 E.D.U College Bound! - CIN "Supply Side Economics" Lesson #8: The Pillars of Prosperity	4 250TH INDEPENDENCE DAY! 9:30 Ping Pong - FS 10:30 Rummikub - TCR 1:00 Open Ping-Pong - FS 2:00 "We the People" Assembly starring President Jefferson & The Declaration of Independence - Rotunda 3:00-6:00 "250 & Free" Jubilee Dinner Buffet - EXD 6:30 "250 & Free" Jubilee After Dinner Dance featuring Lakeshore Sound - CAC <i>Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742</i>
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5 9:00-11:00 Open Bocce Play 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping-Pong - FS 1:30 Lutheran Church Service provided by Grace Lutheran - CAC 2:00 Matinee Series - CIN "The Kennedys" Ep. 3: "Bay of Pigs" Ep. 4: "Bay of Pigs, Pt 2" 4:30 Sunday Sing-a-Long - Lounge	6 8:30 Qigong - FS 9:30 Balance Pro - CAC 10:00 DEPART: Walmart Shopping 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN "Independence Dawn—Traitor or Patriot" 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - TCR 1:30 Chair Yoga - FS 1:30 Thomas Jefferson - CIN "A Revolutionary is Born" 2:30 Let's Play Thirteen - BIS 3:30 "Red, White & Boozy" Bingo - CAC	7 8:30 Prayer & Bible Study - BIS 9:00-11:00 Open Bocce Play 10:00 DEPART: Publix Shopping 10:00 Social Stitchers - LIB 10:30 Rummikub - TCR 11:30 Scrabble - LIB 1:00 Travels with Gail - CAC "The Rhone River Culinary Cruise & the French & Italian Rivieras" 1:30 Boxing Fitness - FS 2:30 Documentary: "Too Cheap to Meter—The Dawn of Energy Abundance" - CIN 2:30 Tai Chi - FS 4:00-5:00 Fifth-Third Bank Hour	8 8:00-10:00 Uniguest Help Session with Benji - CHP 8:15 Ping Pong - FS 9:30 Balance Pro - CAC 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind Fitness - FS 11:30 Cardio Strength - FS 1:00 Art Class - AS 1:00 Blackjack - TCR 1:30 Balance Basics - FS 2:30 Celebrating America "250 Strong" Fitness Challenge - CAC 3:00 Brain Builder's Club - CIN 7:00 Friends of Bill W - CHP	9 8:30 Tai Chi - FS 9:00 Men's Coffee - CAC 9:30 Aqua Blast - IP 10:30 Bible Study with Benji - CIN 10:30 Mat Pilates - FS 12:30 Open Poker - TCR 1:30 Move 'n Groove Dance - FS 2:00 Mah-Jongg Refresher - BIS 2:00 Caregiver Support - CHP 2:30 Tai Chi - FS 3:30 Open ZIBRIO Testing - FS 3:30 The Bald Eagle Rises - CAC "250th Jubilee" Themed Dining New England 4:30- 6:45 PM ~ Dining Room	10 8:30 Qigong - FS 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:30 Chair Yoga - FS 2:30 E.D.U College Bound! - CIN "An Introduction to CS Lewis—Writings & Significance" Lesson #1: Lewis's Apologetics, Imagination & Reason, Pt.1 4:00 New Resident Meet & Greet Mixer - CAC	11 9:30 Ping Pong - FS 10:30 Rummikub - TCR 1:00 Open Ping-Pong - FS 2:30 Ken Burns DocuSeries: "The American Revolution" Part 1: "In Order to Be Free" - CIN 7:00 Feature Film - CAC "The Patriot" <i>Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742</i>
12 9:00-11:00 Open Bocce Play 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping-Pong - FS 2:00 Matinee Series - CIN "The Kennedys" Ep. 5: "Life Sentences" Ep. 6: "Cuban Missiles" 4:30 Sunday Sing-a-Long - Lounge	13 8:30 Qigong - FS 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN "Independence Dawn—The Pursuit of Freedom" 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - TCR 1:30 Thomas Jefferson - CIN "Independence" 1:30 Chair Yoga - FS 2:30 Let's Play Thirteen - BIS 3:00 Strong Bones for Stronger Tomorrows—Bone Density Workshop - CAC	14 8:30 Tai Chi - FS 8:30 Prayer & Bible Study - BIS 9:00-11:00 Open Bocce Play 9:30 Aqua Blast - IP 10:00 DEPART: Publix Shopping 10:00 Social Stitchers - LIB 10:30 Rummikub - TCR 10:30 Mat Yoga - FS 11:30 Scrabble - LIB 1:00 Matinee Feature Film - CIN "The Great Awakening" 1:30 Boxing Fitness - FS 2:30 Tai Chi - FS 3:00 Tech Talk with Erick - CIN 4:00-5:00 Fifth-Third Bank Hour 4:45-5:30 Thirsty Pub Game - Lounge	15 HEALTH FAIR 10:00 AM – 2:00 PM ~ CAC 8:00-9:00 Uniguest Help Session with Benji - CHP 8:15 Ping Pong - FS 9:30 Balance Pro - FS** 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind Fitness - FS 1:00 Art Class - AS 1:00 Blackjack - TCR 1:30 Balance Basics - FS 2:30 Balance Pro - FS** 3:00 Brain Builder's Club - CIN 7:00 Friends of Bill W - CHP ** Please Note Changes to Today's Uniguest Help Session & Fitness Class Schedule **	16 8:30 Tai Chi - FS 9:00 Men's Coffee - CAC 9:30 Aqua Blast - IP 10:00-12:00 Self-Care with Essential Oils - Wellness 10:30 Bible Study with Benji - CIN 10:30 Mat Pilates - FS 12:30 Open Poker - TCR 1:30 Move 'n Groove Dance - FS 2:00 Mah-Jongg Refresher - BIS 2:30 All American Team Trivia - CIN 2:30 Tai Chi - FS 3:30 Open ZIBRIO Testing - FS 7:00 Guitar Artistry with John Housley - CAC "250th Jubilee" Themed Dining The West Coast 4:30- 6:45 PM ~ Dining Room	17 8:30 Qigong - FS 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:30 Chair Yoga - FS 2:00 International Film - CIN "Left-Handed Girl"	18 9:30 Ping Pong - FS 10:30 Rummikub - TCR 1:00 Open Ping-Pong - FS 2:30 Ken Burns DocuSeries: "The American Revolution" Part 2: "An Asylum for Mankind" - CIN 7:00 Feature Film - CAC "Is This Thing On?" <i>Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742</i>

LOCATION KEY: AS = Art Studio BIS = Bistro 7900 CAC = Cultural Arts Center CIN = Cinema Room CLB = Clubhouse DES = Destination Dining EXD = Exhibition Dining Room FS = Fitness Studio GR = Game Room IP = Indoor Pool LIB = Library ME = Main Entrance TCR = Terrace Club Room ZOOM or ZM = Streaming via Zoom
 Please Note ~ All Events & Programming are Subject to Change Without Notice

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>19 9:00-11:00 Open Bocce Play 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping-Pong - FS 2:00 Matinee Series - CIN "The Kennedys" Ep. 7: "Lancer & Lace" Ep. 8: "How are Things in Glocca Morra" 4:30 Sunday Sing-a-Long - Lounge</p>	<p>20 8:30 Qigong - FS 9:30 Balance Pro - CAC 10:00 DEPART: Walmart Shopping 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN "The Boston Tea Party— Tempest in a Tea Pot" 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - TCR 1:30 Chair Yoga - FS 1:30 Thomas Jefferson - CIN "Jefferson at War" 2:30 Let's Play Thirteen - BIS</p>	<p>21 8:30 Tai Chi - FS 8:30 Prayer & Bible Study - BIS 9:00-11:00 Open Bocce Play 9:30 Aqua Blast - IP 10:00 DEPART: Publix Shopping 10:00 Social Stitchers - LIB 10:30 Rummikub - TCR 10:30 Mat Yoga - FS 11:30 Scrabble - LIB 1:00 DEPART: Artful Afternoon at Cone 06 1:00 Book Club Business Meeting - CIN 1:30 Boxing Fitness - FS 2:30 Tai Chi - FS 4:00-5:00 Fifth-Third Bank Hour 6:45 MediciTV Presents - CIN "John Wilson Orchestra performs Gershwin"</p>	<p>22 8:00-10:00 Uniguest Help Session with Benji - CHP 8:15 Ping Pong - FS 9:30 Balance Pro - CAC 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind Fitness - FS 11:30 Cardio Strength - FS 1:00 Art Class - AS 1:00 Blackjack - TCR 1:30 Balance Basics - FS 3:00 Brain Builder's Club - CIN 7:00 Friends of Bill W - CHP</p>	<p>23 8:30 Tai Chi - FS 9:00 Men's Coffee - CAC 9:30 Aqua Blast - IP 10:30 Bible Study with Benji - CIN 10:30 Mat Pilates - FS 12:30 Open Poker - TCR 1:30 Move 'n Groove Dance - FS 2:00 Alzheimer's Support Network Support Group - AL Chapel 2:00 Mah-Jongg Refresher - BIS 2:30 Tai Chi - FS 3:30 Open ZIBRIO Testing - FS 7:00 Karaoke Night with DJ Patrick - CAC "250th Jubilee" Themed Dining The Heartland 4:30- 6:45 PM ~ Dining Room</p>	<p>24 8:30 Qigong - FS 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:30 Chair Yoga - FS 2:30 E.D.U College Bound! - CIN "An Introduction to CS Lewis" Lesson #2: Lewis's Apologetics, Imagination & Reason, Pt.2 2:30 Red, White & Blue Chair Volleyball - CAC</p>	<p>25 9:30 Ping Pong - FS 10:30 Rummikub - TCR 1:00 Open Ping-Pong - FS 2:30 Ken Burns DocuSeries: "The American Revolution" Part 3: "The Times that Try Men's Souls" - CIN 7:00 Feature Film - CAC "Project Hail Mary" Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742</p>
<p>26 9:00-11:00 Open Bocce Play 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping-Pong - FS 2:00 Matinee Series - CIN "Death by Lightning" Ep. 1: "The Man from Ohio" Ep. 2: "Party Faithful" 4:30 Sunday Sing-a-Long - Lounge</p>	<p>27 8:30 Qigong - FS 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN "Conflict & Conquest in the Wild West" 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - TCR 1:30 Chair Yoga - FS 1:30 Thomas Jefferson - CIN "Jefferson in Paris" 2:30 Let's Play Thirteen - BIS 2:30 Flamingo Club - CAC "Land of the Free, Home of the Balanced" Workshop</p>	<p>28 8:30 Tai Chi - FS 8:30 Prayer & Bible Study - BIS 9:00-11:00 Open Bocce Play 9:30 Aqua Blast - IP 10:00 DEPART: Publix Shopping 10:00 Social Stitchers - LIB 10:30 Rummikub - TCR 10:30 Mat Yoga - FS 11:30 Scrabble - LIB 1:30 Boxing Fitness - FS 2:30 Tai Chi - FS 3:30 "250 & Free Jubilee" Frozen Margaritaville Social - BIS 4:00-5:00 Fifth-Third Bank Hour</p>	<p>29 8:00-10:00 Uniguest Help Session with Benji - CHP 8:15 Ping Pong - FS 9:30 Balance Pro - CAC 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind Fitness - FS 11:30 Cardio Strength - FS 1:00 Art Class - AS 1:30 Balance Basics - FS 1:30 Resident Quarterly Meeting - CAC 3:00 Brain Builder's Club - CIN 7:00 Friends of Bill W - CHP</p>	<p>30 8:30 Tai Chi - FS 9:00 Men's Coffee - CAC 9:30 Aqua Blast - IP 10:30 Bible Study with Benji - CIN 10:30 Mat Pilates - FS 12:30 Open Poker - TCR 1:00 All American Team Trivia - CIN 1:30 Move 'n Groove Dance - FS 2:00 Mah-Jongg Refresher - BIS 2:30 Tai Chi - FS 3:00 Tech Talk with Erick - CIN 3:30 Open ZIBRIO Testing - FS "250th Jubilee" Themed Dining The South 4:30- 6:45 PM ~ Dining Room</p>	<p>31 8:30 Qigong - FS 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:30 Chair Yoga - FS 2:30 E.D.U College Bound! - CIN "An Introduction to CS Lewis" Lesson #3: Lewis's Fiction—Narnia & the Storied Moral World 7:00 Dr. Tom Cimarusti Presents - CAC "The Masterpiece of All Masterpieces—Bach's Mass in B-minor"</p>	<p>1 9:30 Ping Pong - FS 10:30 Rummikub - TCR 1:00 Open Ping-Pong - FS 2:30 Ken Burns DocuSeries: "The American Revolution" Part 4: "Conquer to a Drawn Game" - CIN 7:00 Feature Film - CAC "Epic: Elvis Presley Concert" Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742</p>
<p>2 9:00-11:00 Open Bocce Play 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping-Pong - FS 1:30 Lutheran Church Service by Grace Lutheran—CAC 2:00 Matinee Series - CIN "Death by Lightning" Ep. 3: "Casus Belli" Ep. 4: "Destiny of the Republic" 4:30 Sunday Sing-a-Long - Lounge</p>	<p>3 8:30 Qigong - FS 9:30 Balance Pro - CAC 10:30 Strength Building - CAC 10:00 DEPART: Walmart Shopping 11:15 E.D.U. Curiosity - CIN "The Body—The Networks within Our Bodies" 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - TCR 1:30 Chair Yoga - FS 1:30 Thomas Jefferson - CIN "President Jefferson" 2:30 Let's Play Thirteen - BIS</p>	<p>4 8:30 Tai Chi - FS 8:30 Prayer & Bible Study - BIS 9:00-11:00 Open Bocce Play 9:30 Aqua Blast - IP 10:00 DEPART: Publix Shopping 10:00 Social Stitchers - LIB 10:30 Rummikub - TCR 10:30 Mat Yoga - FS 11:30 Scrabble - LIB 1:30 Boxing Fitness - FS 2:30 Tai Chi - FS 4:00-5:00 Fifth-Third Bank Hour 6:45 MediciTV Presents - CIN "Lang Lang Performs Fauré, Schumann & Chopin"</p>	<p style="text-align: center;">Health & Wellness Providers on Campus:</p> <ul style="list-style-type: none"> • Dr. Anna K, Psychologist: Tuesdays & Thursdays by Appointment • OnSpot Dermatology: Friday, July 10th starting at 9:00 AM • Life Hearing: Wednesday, July 15th starting at 1:00 PM • Self-Care with Essential Oils: Thursday, July 16th from 10:00 AM to Noon <p style="text-align: center;"><i>Call the Health & Wellness Navigator (Center for Wellness) to Schedule an Appointment ~ 307-3018</i></p>			

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