

# MAY 2026

# HAPPY MOTHER'S DAY

						FRIDAY	SATURDAY
						<b>1</b> <b>HAPPY MAY DAY</b> 8:30 Strong with Qigong - FS 9:00 Coffee with SWFL Vets - DES 9:30 Balance Pro - CAC 10:30 Total Body Strength - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:30 Move n' Groove Dance Fit - FS <b>2:30 E.D.U College Bound! - CIN</b> <b>"Supply Side Economics"</b> Lesson #2: The Laffer Curve	<b>2</b> 9:30 Ping Pong - FS 10:30 Rummikub - TCR 1:00 Open Ping-Pong - FS <b>2:30 Documentary Film - CIN</b> <b>"When We Went MAD!"</b> <b>5:30 Kentucky Derby Party - CAC</b>  <i>Garcia Car Detailing On Campus</i> <i>Starting at 8:00 AM</i> <i>By Appointment: (239) 572-2742</i>
<b>3</b> 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping-Pong - FS 1:30 Lutheran Church Service provided by Grace Lutheran - CAC 2:00 Open Bocce <b>2:00 Matinee Series - CIN</b> <b>"The Endeavor"</b> Episode #1 "Girl"	<b>4</b> 8:30 Strong with Qigong - FS 9:30 Balance Pro - CAC 10:30 Total Body Strength - CAC <b>11:15 E.D.U. Curiosity - CIN</b> <b>"Beyond the Spotlight"</b> 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - TCR <b>1:00 Ladies Bible Study Fellowship - CAC &amp; DES</b> 1:30 Chair Yoga - FS <b>2:00 Great Courses - CIN</b> <b>"Lost Worlds of S. America"</b> 2:30 Gentle Mat Yoga - FS 2:30 Let's Play Thirteen - BIS <b>7:00 "May the Fourth be With You" - CIN</b> <b>"Star Wars: Return of the Jedi"</b>	<b>5</b> <b>CINCO DE MAYO</b> 8:30 Tai Chi Outdoors - TER 8:30 Prayer & Bible Study - BIS 9:30 Aqua Blast - IP <b>10:00 DEPART: Publix Shopping</b> 10:30 Rummikub - TCR 10:30 Sky's Bootcamp - FS <b>10:30 Social Stitchers - LIB</b> 11:30 Move n' Groove Dance Fit - FS 12:30 Scrabble - LIB 2:00 Open Bocce 2:30 Tai Chi Indoors - FS <b>3:30 Tequila on the Terrace - North Bistro Terrace</b> 4:00-5:00 Fifth-Third Bank Hour	<b>6</b> <b>8:00-10:00 Uniguest Help Session with Benji - CHP</b> 8:15 Ping Pong - FS 9:30 Balance Pro - CAC 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind - FS 11:30 Boxing Fitness - CAC 11:30 Balance Basics - FS 1:00 Art Class - AS <b>1:00 Blackjack - TCR</b> <b>1:00 Brain Builder's Club - CIN</b> 2:30 Power Mat Yoga - FS <b>2:30 Brain Builder's Club - CIN</b> 7:00 Friends of Bill W - CHP	<b>7</b> 8:30 Tai Chi Outdoors - TER 9:30 Aqua Blast - IP 9:00 Men's Coffee - CAC <b>10:30 Bible Study with Benji - CIN</b> 11:30 Mat Pilates - FS 12:30 Open Poker - TCR 1:30 Cardio Sculpt - FS <b>1:30 MediciTV Presents - CIN</b> <b>"Lucas Debarque performs Gershwin &amp; Ravel"</b> 2:00 Mah-Jongg Refresher - BIS 2:30 Tai Chi Indoors - FS <b>5:00 Bocce Awards Banquet - CAC</b>	<b>8</b> 8:30 Strong with Qigong - FS 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Total Body Strength - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:30 Move n' Groove Dance Fit - FS <b>2:30 E.D.U College Bound! - CIN</b> <b>"Supply Side Economics"</b> Lesson #3: American Taxation—The Great Depression to Today <b>3:30 Mama's Sweet &amp; Sassy Southern Comfort - CAC</b>	<b>9</b> 9:30 Ping Pong - FS 10:30 Rummikub - TCR 1:00 Open Ping-Pong - FS <b>2:30 Documentary Film - CIN</b> <b>"Gladesmen—Last of the Sawgrass Cowboys"</b> <b>7:00 Feature Film - CAC</b> <b>"Their Eyes were Watching God"</b>  <i>Garcia Car Detailing On Campus</i> <i>Starting at 8:00 AM</i> <i>By Appointment: (239) 572-2742</i>	
<b>10</b> <b>HAPPY MOTHER'S DAY</b> 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping-Pong - FS 2:00 Open Bocce <b>2:00 Matinee Series - CIN</b> <b>"The Endeavor"</b> Episode #2 "Fugue"	<b>11</b> 8:30 Strong with Qigong - FS 9:30 Balance Pro - CAC 10:30 Total Body Strength - CAC <b>11:15 E.D.U. Curiosity - CIN</b> <b>"Magic of the Mangroves"</b> 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - TCR 1:30 Chair Yoga - FS <b>2:00 Great Courses - CIN</b> <b>"Lost Worlds of South America"</b> 2:30 Gentle Mat Yoga - FS 2:30 Let's Play Thirteen - BIS <b>3:30 Sun-Kissed Spirits—A Florida Mixology Experience with Anabel - BIS</b>	<b>12</b> 8:30 Tai Chi Outdoors - TER 8:30 Prayer & Bible Study - BIS 9:30 Aqua Blast - IP <b>10:00 DEPART: Publix Shopping</b> 10:30 Rummikub - TCR 10:30 Sky's Bootcamp - FS <b>10:30 Social Stitchers - LIB</b> 11:30 Move n' Groove Dance Fit - FS 12:30 Scrabble - LIB <b>1:00-3:00 Tech Talk with Erick Trouble-Shooting - CIN</b> 2:00 Open Bocce 2:30 Tai Chi Indoors - FS 4:00-5:00 Fifth-Third Bank Hour <b>4:30 DEPART: Fifth Avenue Dinner Crawl - ME</b>	<b>13</b> <b>8:00-10:00 Uniguest Help Session with Benji - CHP</b> 8:15 Ping Pong - FS 9:30 Balance Pro - CAC 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind - FS 11:30 Boxing Fitness - CAC 11:30 Balance Basics - FS 1:00 Art Class - AS <b>1:00 Blackjack - TCR</b> <b>1:00 Brain Builder's Club - CIN</b> 2:30 Power Mat Yoga - FS <b>2:30 Brain Builder's Club - CIN</b> <b>7:00 Naples Council on World Affairs - CAC</b> <b>"Diplomacy &amp; Negotiation—Cuba &amp; Latin America"</b> 7:00 Friends of Bill W - CHP	<b>14</b> <b>WOMEN'S BLOOM INTO WELLNESS WITH SKYLER</b> <b>8:00 Women's Walk - ME</b> <b>9:30 Ladies Chair Yoga - CLB</b> 9:00 Water Aerobics - IP 9:00 Men's Coffee - CIN <b>10:00 Women's Wellness Brunch - CLB</b> 10:30 Mat Pilates - FS <b>10:30 Bible Study with Benji - CIN</b> 12:30 Open Poker - TCR 1:30 Cardio Sculpt - FS 2:00 Mah-Jongg Refresher - BIS <b>2:00 Caregiver Support Group - CHP</b> <b>2:30 Team Trivia - CIN</b> 2:30 Tai Chi Indoors - FS	<b>15</b> 8:30 Strong with Qigong - FS 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Total Body Strength - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR <b>1:00 Collier County Museum Presentation - CAC</b> <b>"Dredges, Dynamite &amp; Determination—The Building of Tamiami Trail"</b> 1:30 Move n' Groove Dance Fit - FS <b>2:30 E.D.U College Bound! - CIN</b> <b>"Supply Side Economics"</b> Lesson #4: Income Inequality	<b>16</b> <b>ARMED FORCES DAY</b> 9:30 Ping Pong - FS 10:30 Rummikub - TCR 1:00 Open Ping-Pong - FS <b>2:30 Documentary Film - CIN</b> <b>"Turtle—The Incredible Journey"</b> <b>7:00 Feature Film - CAC</b> <b>"Soul on Fire"</b>  <i>Garcia Car Detailing On Campus</i> <i>Starting at 8:00 AM</i> <i>By Appointment: (239) 572-2742</i>	

**LOCATION KEY:**  
 AS = Art Studio BIS = Bistro 7900 CAC = Cultural Arts Center CIN = Cinema Room CHP = Chapel CLB = Clubhouse DES = Destination Dining EXD = Exhibition Dining Room  
 FS = Fitness Studio GR = Game Room IP = Indoor Pool LIB = Library ME = Main Entrance TCR = Terrace Club Room ZOOM or ZM = Streaming via Zoom  
*Please Note ~ All Events & Programming are Subject to Change Without Notice*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>17</b> 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping-Pong - FS 2:00 Open Bocce <b>2:00 Matinee Series - CIN</b> <b>"The Endeavor"</b> <b>Episode #3 "Rocket"</b>	<b>18</b> 8:30 Strong with Qigong - FS 9:30 Balance Pro - CAC 10:30 Total Body Strength - CAC <b>11:15 E.D.U. Curiosity - CIN</b> <b>"Manatees on the Move"</b> 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - TCR <b>1:00 Hurricane Preparedness Meeting - CAC</b> 1:30 Chair Yoga - FS <b>2:00 Great Courses - CIN</b> <b>"Lost Worlds of S. America"</b> 2:30 Gentle Mat Yoga - FS 2:30 Let's Play Thirteen - BIS <b>3:30 Citrus, Cocktails &amp; Conversation - CAC</b>	<b>19</b> 8:30 Tai Chi Outdoors - TER 8:30 Prayer & Bible Study - BIS 9:30 Aqua Blast - IP <b>10:00 DEPART: Publix Shopping</b> 10:30 Rummikub - TCR 10:30 Sky's Bootcamp - FS <b>10:30 Social Stitchers - LIB</b> 11:30 Move n' Groove Dance - FS 12:30 Scrabble - LIB <b>1:00 Book Club - CIN</b> <b>"Theo of Golden" by A. Levi</b> 2:00 Open Bocce 2:30 Tai Chi Indoors - FS 4:00-5:00 Fifth-Third Bank Hour	<b>20</b> <b>8:00-10:00 Uniguest Help Session with Benji - CHP</b> 8:15 Ping Pong - FS 9:30 Balance Pro - CAC 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind - FS 11:30 Boxing Fitness - CAC 11:30 Balance Basics - FS 1:00 Art Class - AS <b>1:00 Blackjack - TCR</b> <b>1:00 Brain Builder's Club - CIN</b> 2:30 Power Mat Yoga - FS <b>2:30 Brain Builder's Club - CIN</b> 7:00 Friends of Bill W - CHP	<b>21</b> 8:30 Tai Chi Outdoors - TER 9:30 Aqua Blast - IP 9:00 Men's Coffee - CAC <b>10:00-12:00 Self-Care with Essential Oils - Wellness</b> <b>10:30 Bible Study with Benji - CIN</b> 11:30 Mat Pilates - FS 12:30 Open Poker - TCR 1:30 Cardio Sculpt - FS 2:00 Mah-Jongg Refresher - BIS 2:30 Tai Chi Indoors - FS <b>4:00 Health Matters by Physician's Regional - CAC</b> <b>4:45-5:30 Thirsty Pub Game - Lounge</b>	<b>22</b> 8:30 Strong with Qigong - FS 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Total Body Strength - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR <b>1:00 Chick Flick - CAC</b> <b>"Solo Mio"</b> 1:30 Move n' Groove Dance Fit - FS <b>2:30 E.D.U College Bound! - CIN</b> <b>"Supply Side Economics Lesson #5: Why States Prosper"</b>	<b>23</b> 9:30 Ping Pong - FS 10:30 Rummikub - TCR 1:00 Open Ping-Pong - FS <b>2:30 Documentary Film - CIN</b> <b>"The U—Rise of University of Miami Football"</b> <b>7:00 Feature Film - CAC</b> <b>"Bird Cage"</b> <b>Starring Robin Williams</b>  <i>Garcia Car Detailing On Campus Starting at 8:00 AM</i> <i>By Appointment: (239) 572-2742</i>
<b>24</b> 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping-Pong - FS 2:00 Open Bocce <b>2:30 Concert Pianist Solomon Eichner Performs - CAC</b>	<b>25 MEMORIAL DAY</b> <b>11:00-2:00 Memorial Day Brunch - EXD</b> <b>12:00-2:00 Ice Cream Sample Social - DES</b> 12:30 Samba Card Game - TCR 2:30 Let's Play Thirteen - BIS <b>3:00 Bingo Bash Bonanza - CAC</b>	<b>26</b> 8:30 Tai Chi Outdoors - TER 8:30 Prayer & Bible Study - BIS 9:30 Aqua Blast - IP <b>10:00 DEPART: Publix Shopping</b> 10:30 Rummikub - TCR 10:30 Sky's Bootcamp - FS <b>10:30 Social Stitchers - LIB</b> 11:30 Move n' Groove Dance - FS 12:30 Scrabble - LIB <b>1:30 International Film - CIN</b> <b>"On Becoming a Guinea Fowl"</b> 2:00 Open Bocce 2:30 Tai Chi Indoors - FS 4:00-5:00 Fifth-Third Bank Hour <b>6:45 MediciTV Presents - CIN</b> <b>"Beauty from the Americas"</b>	<b>27 NATIONAL SENIOR HEALTH &amp; FITNESS DAY</b> <b>8:00-10:00 Uniguest Help Session with Benji - CHP</b> 8:15 Ping Pong - FS 9:30 Balance Pro - CAC 9:30 The Bridge Club - EXD 10:30 Stretch & Unwind - FS 11:30 Boxing Fitness - CAC 11:30 Balance Basics - FS 1:00 Art Class - AS <b>1:00 Flamingo Club Launch - CAC</b> <b>1:30 Build Your Own Trail Mix Bar - BIS</b> <b>2:00-3:30 Gator Games - CAC</b> 7:00 Friends of Bill W - CHP  <i>Blackjack &amp; Brain Builders Cancelled for Today</i>	<b>28</b> 8:30 Tai Chi Outdoors - TER 9:30 Aqua Blast - IP 9:00 Men's Coffee - DES <b>10:30 Bible Study with Benji - CIN</b> 11:30 Mat Pilates - FS 12:30 Open Poker - TCR <b>1:00 Tech Talk with Erick - CIN</b> <b>"To Be Determined"</b> 1:30 Cardio Sculpt - FS 2:00 Mah-Jongg Refresher - BIS 2:30 Tai Chi Indoors - FS <b>4:30 "Coastal Cortege" Old Florida Dining Experience - EXD</b> <b>7:00 Naples Council on World Affairs - CAC</b> <b>"Advances in Chinese Military &amp; Uncrewed Technology"</b>	<b>29</b> 8:30 Strong with Qigong - FS 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Pro - CAC 10:30 Total Body Strength - CAC 11:30 Sit & Be Fit - FS 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:30 Move n' Groove Dance Fit - FS <b>2:30 E.D.U College Bound! - CIN</b> <b>"Supply Side Economics" Lesson #6: Consequences of Redistribution</b> <b>7:00 Dr. Tom Cimarusi Presents - CAC</b> <b>"The Unknown American Composer—Anthony Who?: The Beethoven of America"</b>	<b>30</b> 9:30 Ping Pong - FS 10:30 Rummikub - TCR 1:00 Open Ping-Pong - FS <b>2:30 Documentary Film - CIN</b> <b>"The Other Shore—The Diana Nyad Story, Her Swim From Cuba to Florida"</b> <b>7:00 Feature Film - CAC</b> <b>"Cover-Up"</b>  <i>Garcia Car Detailing On Campus Starting at 8:00 AM</i> <i>By Appointment: (239) 572-2742</i>
<b>31</b> 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 11:30 Catholic Mass & Eucharist - CAC 1:00 Open Ping-Pong - FS 2:00 Open Bocce <b>2:00 Matinee Series - CIN</b> <b>"The Endeavor"</b> <b>Episode #4 "Home"</b>	<b>1</b> 8:30 Strong with Qigong - FS 9:30 Balance Pro - CAC 10:30 Total Body Strength - CAC <b>11:15 E.D.U. Curiosity - CIN</b> <b>"McCullough—The Art of Discovery"</b> 11:30 Sit & Be Fit - FS 12:30 Samba Card Game - TCR 1:30 Chair Yoga - FS <b>2:00 Great Courses - CIN</b> <b>"Lost Worlds of South America"</b> 2:30 Gentle Mat Yoga - FS 2:30 Let's Play Thirteen - BIS	<b>2</b> 8:30 Tai Chi Outdoors - TER 8:30 Prayer & Bible Study - BIS 9:30 Aqua Blast - IP <b>10:00 DEPART: Publix Shopping</b> 10:30 Rummikub - TCR 10:30 Sky's Bootcamp - FS <b>10:30 Social Stitchers - LIB</b> 11:30 Move n' Groove Dance - FS 12:30 Scrabble - LIB 2:00 Open Bocce 2:30 Tai Chi Indoors - FS <b>2:30 TEDTalk Discussion - CIN</b> <b>"The Last 6 Decades of AI &amp; What Comes Next"</b> 4:00-5:00 Fifth-Third Bank Hour	<b>3</b> <b>8:00-10:00 Uniguest Help Session with Benji - CHP</b> 8:15 Ping Pong - FS 9:30 Balance Class - CAC 9:30 The Bridge Club - EXD 10:30 Stretch Class - FS 11:30 Boxing Fitness - CAC 1:00 Art Class - AS <b>1:00 Blackjack - TCR</b> <b>1:00 Brain Builder's Club - CIN</b> 2:30 Power Mat Yoga - FS <b>2:30 Brain Builder's Club - CIN</b> 7:00 Friends of Bill W - CHP	<div style="border: 1px solid black; border-radius: 15px; padding: 10px;"> <p style="text-align: center;"><b>Health &amp; Wellness Providers on Campus:</b></p> <ul style="list-style-type: none"> <li>• Dr. Barbara Barrocas, Acupuncture: For Appointment call 786-443-2481</li> <li>• Dr. Anna K, Psychologist: Tuesdays &amp; Thursdays by Appointment</li> <li>• Life Hearing: Wednesday, May 20, starting at 1:00 PM</li> <li>• OnSite Dermatology: Friday, May 22, starting at 9:00 AM</li> </ul> <p style="text-align: center;"><i>Call the Health &amp; Wellness Navigator (Center for Wellness) to Schedule an Appointment ~ 307-3018</i></p> </div>		

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