

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>“Yesterday was not your defining moment. The calendar moved forward; why not you?”</p> <p>— <i>Dr. Steve Maraboli</i></p>	<p><b>Resident Birthdays</b></p> <p>Jeanne W. 1/1 Margaret B. 1/1 Yolizma P. 1/1 Karla D. 1/2 Peggy W. 1/4 Barbara A. 1/11 Marion L. 1/17 Richard J. 1/18 Gerald N. 1/25</p>		<p>☯ <b>Emotional</b> 🌿 <b>Environmental</b> 🏥 <b>Health Services</b> 🧠 <b>Intellectual</b> 🏃 <b>Physical</b> 👤 <b>Social</b> 🙏 <b>Spiritual</b> 👉 <b>Vocational</b></p>	<p><b>New Year's Day</b> <b>1</b></p> <p>10:00 ☯ Coffee Talk- NEW YEAR, NEW YOU! 10:30 ☯ Exercise with Miracle 1:30 ☯ <b>Frankie T Sings</b> 2:30 ☯ Creative Crafting &amp; Coloring 2:30 ☯ The Preacher's Wife/Prime 3:00 ✨ Stretch in Place 6:00 ☯ After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>2</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Exercise with Miracle 11:00 ☯ <b>Erica, The Storyteller</b> 2:30 ☯ BINGO with Jean 2:30 ☯ Pride &amp; Prejudice/Prime 4:00 ☯ PUZZLES! 4:30 🌿 Water the Plants! 6:00 ☯ After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>3</b></p> <p><b>All Activities Are Subject To Change Without Notice.</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Moving with Miracle 11:30 ✨ Exercise &amp; Balloon Baseball 1:30 <b>J. Bradford Sings</b> 2:30 ☯ Creative Crafters &amp; Painters! 2:30 ☯ Our Universe/YouTube 4:00 ☯ Movie Choice: Classic or Modern 6:00 After Hour Activities/Coloring and Puzzles/Resident Choice</p>
<p><b>National Trivia Day</b> <b>4</b></p> <p>10:00 ☯ Coffee Talk &amp; Reminisce 10:30 ☯ Trivia Challenge 11:00 ☯ Sing A Long with the IN2L 1:30 ✨ <b>Religious Service</b> 2:00 ✨ <b>Bible Study with Pastor Benji</b> 2:30 ☯ BINGO with Jean 2:30 ☯ Maverick/Prime 6:00 ☯ After Hour /Coloring and Worksheets /Residents Choice</p>	<p><b>Happy Birthday on National Whipped Cream Day!</b> <b>5</b></p> <p>10:00 ☯ Coffee Talk 10:30 ✨ <b>TAXI &amp; Steve/ Pet Therapy!</b> 11:00 ☯ Chair Yoga &amp; Mind Body Connection Through Breath 11:30 ☯ Masterpiece Monday (All the Great Artists of the World) 2:00 ☯ Baby Boom/Prime 2:30 ☯ BINGO 3:00 ✨ Stretch in Place 6:00 After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>6</b></p> <p>10:00 ☯ Coffee Talk 10:30 Trivia Challenge 11:00 ✨ Chair One Fitness &amp; Ageless Grace 11:30 ✨ Move it or Lose it! 1:30 <b>Bob Shea Sings!</b> 2:00 ☯ Quick Trivia 2:30 ☯ Little Giants/Prime 3:00 ☯ Passport Armchair Travels 4:30 ☯ Coffee Talk 6:00 ☯ After Hours Activities/Meditation &amp; The Mind</p>	<p><b>7</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ <b>Pet Therapy with Brodie &amp; Marie!</b> 11:30 ☯ You Be The Judge 2:00 ☯ Water the Plants! 2:30 ☯ BINGO 2:30 ☯ Documentary on the MIND 4:30 🌿 Walk the Garden 6:00 ☯ <b>Patrick, The After Hours Storyteller</b></p>	<p><b>The Caregiver Circle Family Support Group -5:30 AL Chapel</b> <b>8</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Exercise with Miracle 11:00 ☯ Trivia Challenge &amp; Word Game 1:30 <b>Elmarie Sings!!</b> 2:30 ☯ Classic Movie or Documentary of Choice 2:30 ☯ Creative Crafting &amp; Coloring 3:00 ✨ Stretch in Place 5:30 <b>The Caregiver Circle Family Support Group AL CHAPEL</b> 6:00 ☯ After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>9</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Exercise with Miracle 11:00 ☯ <b>Erica, The Storyteller</b> 2:30 ☯ BINGO with Jean 2:30 ☯ Classic Movie or Documentary of Choice 4:00 ☯ PUZZLES! 4:30 🌿 Water the Plants! 6:00 ☯ After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>10</b></p> <p>10:00 ✨ Coffee Talk 10:00 ☯ Coffee Talk 10:30 ☯ Moving with Miracle 11:30 ✨ Exercise &amp; Balloon Baseball 2:30 ☯ Creative Crafters &amp; Painters! 2:30 ☯ Hidden Figures/Prime 4:00 ☯ Movie Choice: Classic or Modern 6:00 After Hour Activities/Coloring and Puzzles/Resident Choice</p>
<p><b>11</b></p> <p>10:00 ☯ Coffee Talk &amp; Reminisce 10:30 ☯ Trivia Challenge 11:00 ☯ Sing A Long with the IN2L 1:30 ✨ <b>Religious Service</b> 2:00 ✨ <b>Bible Study with Pastor Benji</b> 2:30 ☯ BINGO with Jean 2:30 ☯ Classic Movie or Documentary of Choice 6:00 ☯ After Hour /Coloring and Worksheets /Residents Choice</p>	<p><b>12</b></p> <p>10:00 ☯ Coffee Talk 10:30 ✨ <b>Trivia Beach Ball</b> 11:00 ✨ Chair One Fitness 11:30 ☯ Masterpiece Monday (All the Great Artists of the World) 2:00 ☯ Downtown Abby/Prime 2:30 ☯ BINGO 3:00 ✨ Stretch in Place 6:00 After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>13</b></p> <p>10:00 ☯ Coffee Talk 10:30 Trivia Challenge 11:00 ☯ <b>DRUMMING CIRCLE</b> 2:00 ☯ Quick Trivia 2:30 ✨ Move it or Lose it! 3:00 ☯ Passport Armchair Travels 4:30 ☯ Coffee Talk 6:00 ☯ After Hours Activities/ Meditation &amp; The Mind</p>	<p><b>Hot Fudge Brownie Sundae Day!</b> <b>14</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ <b>Pet Therapy with Brodie &amp; Marie!</b> 11:00 ✨ Leg Strength Exercises! 11:30 40's Music Songbooks 2:00 ☯ Water the Plants! 2:30 ☯ BINGO 2:30 ☯ Classic Movie or Documentary of Choice 4:30 🌿 Water the Plants! 6:00 ☯ <b>Patrick, The After Hours Storyteller</b></p>	<p><b>15</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Exercise with Miracle 11:30 ☯ Trivia on YouTube 1:30 ☯ <b>Alan Bradford Sings- Marie Gutierre AL 2:45pm &amp; Skilled 4pm</b> 2:30 ☯ Classic Movie or Documentary of Choice 2:30 ☯ Creative Crafting &amp; Coloring 3:00 ✨ Stretch in Place 6:00 ☯ After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>16</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Exercise with Miracle 11:00 ☯ <b>Erica, The Storyteller</b> 2:30 ☯ BINGO with Jean 2:30 ☯ John Wayne/ YouTube 4:00 ☯ PUZZLES! 4:30 🌿 Water the Plants! 6:00 After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>17</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Moving with Miracle 11:30 ✨ Exercise &amp; Balloon Baseball 1:30 <b>Chicago Heat x3</b> 2:30 ☯ Creative Crafters &amp; Painters! 2:30 ☯ Our Universe/YouTube 3:30 🌿 Check the Herbs 4:00 ☯ Movie Choice: Classic or Modern 6:00 After Hour Activities/Coloring and Puzzles/Resident Choice</p>
<p><b>18</b></p> <p>10:00 ☯ Coffee Talk &amp; Reminisce 10:30 ☯ Trivia Challenge 11:00 ☯ Sing A Long with the IN2L 1:30 ✨ <b>Religious Service</b> 2:00 ✨ <b>Bible Study with Pastor Benji</b> 2:30 ☯ BINGO with Jean 2:30 ☯ Overboard/Prime 6:00 ☯ After Hour /Coloring and Worksheets /Residents Choice</p>	<p><b>Martin Luther King, Jr. Day</b> <b>19</b></p> <p>10:00 ☯ Coffee Talk 10:30 ✨ <b>TAXI &amp; Steve/ Pet Therapy!</b> 11:00 ✨ Arm Strength Exercises! 11:30 ☯ Masterpiece Monday (All the Great Artists of the World) 2:00 ☯ Documentary on Martin Luther King 2:30 ☯ BINGO 3:00 ✨ Stretch in Place 6:00 After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>20</b></p> <p>10:00 ☯ Coffee Talk 10:30 Trivia Challenge 11:00 ✨ Brain Strength Exercises! 11:30 ✨ Move it or Lose it! 2:00 ☯ Quick Trivia 3:00 ☯ Passport Armchair Travels 3:30 ☯ What's that song? 4:30 ☯ Coffee Talk 6:00 ☯ After Hours Activities/Meditation &amp; The Mind</p>	<p><b>National Squirrel Appreciation Day</b> <b>21</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ <b>Pet Therapy with Brodie &amp; Marie!</b> 11:30 ☯ Trivia Challenge &amp; Word Game 1:30 <b>BUS RIDE</b> 2:00 ☯ Water the Plants! 2:30 ☯ Documentary on the AMIMALS 4:30 🌿 Walk the Garden 6:00 ☯ <b>Patrick, The After Hours Storyteller</b></p>	<p><b>Alzheimer's Support Network "Family" Meeting! 2pm</b> <b>22</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Exercise with Miracle 11:00 ✨ Who am I? /Tell me a story! 1:30 ☯ <b>Bill Colletti Plays Trumpet MC/Marly Johnson AL 2:45</b> 2:00 <b>Alzheimer's Support Network "Family" Meeting! Independent Living</b> 2:30 BINGO with Miracle 2:30 ☯ Classic Movie or Documentary of Choice 3:00 ✨ Stretch in Place 6:00 ☯ After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>Arlington/AVOW "Good Grief Group" 10:30am -IL Chapel</b> <b>23</b></p> <p><b>National Pie Day</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Exercise with Miracle 10:30 ☯ <b>Monthly "Good Grief Group" IL Chapel</b> 11:00 ☯ <b>Erica, The Storyteller</b> 2:30 ☯ BINGO with Jean 2:30 ☯ Classic Movie or Documentary of Choice 4:00 ☯ PUZZLES! 4:30 🌿 Water the Plants! 6:00 ☯ After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>24</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Moving with Miracle 11:30 ✨ Exercise &amp; Balloon Baseball 2:30 ☯ Creative Crafters &amp; Painters! 2:30 ☯ Documentary on Picasso/ YouTube 4:00 ☯ Movie Choice: Classic or Modern 6:00 After Hour Activities/Coloring and Puzzles/Resident Choice</p>
<p><b>A Taste of Italy</b> <b>25</b></p> <p>10:00 ☯ Coffee Talk &amp; Reminisce 10:30 ☯ Trivia Challenge 11:00 ☯ Sing A Long with the IN2L 1:30 ✨ <b>Religious Service</b> 2:00 ✨ <b>Bible Study with Pastor Benji</b> 2:30 ☯ GOBING with Jean with a Break for Miracles Creation!!! 2:30 ☯ Outlaw Josey Wales/Prime 6:00 ☯ After Hour /Coloring and Worksheets /Residents Choice</p>	<p><b>TAXI &amp; Steve/ Pet Therapy!</b> <b>26</b></p> <p>10:00 ☯ Coffee Talk 10:30 ✨ <b>TAXI &amp; Steve/ Pet Therapy!</b> 11:00 ✨ Songs with Exercise! 11:30 ☯ Masterpiece Monday (All the Great Artists of the World) 2:00 ☯ Classic Movie or Documentary of Choice 2:30 ☯ BINGO 3:00 ✨ Stretch in Place 6:00 After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>Dining in Style! Winter Wonderland!</b> <b>27</b></p> <p>10:00 ☯ Coffee Talk 10:30 Trivia Challenge 11:00 ☯ Name me 5..... 11:30 ✨ Move it or Lose it! 2:00 ☯ Pick a Recipe! 2:30 ☯ Quick Trivia 3:00 ☯ Passport Armchair Travels 3:30 ☯ Check the Garden! 4:00 ✨ Stretch in Place 4:30 ☯ Coffee Talk 5:00 <b>Laura Leary plays the Violin!</b> 6:00 ☯ After Hours Activities/Meditation &amp; The Mind</p>	<p><b>28</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ <b>Pet Therapy with Brodie &amp; Marie!</b> 11:00 ✨ Circles and Side Sways for Spine Health! 11:30 40's Music Songbooks 2:00 ☯ Water the Plants! 2:30 ☯ Documentary on the SPACE 2:30 ☯ GOBING 4:30 🌿 Walk the Garden 6:00 ☯ <b>Patrick, The After Hours Storyteller</b></p>	<p><b>National Puzzle Day</b> <b>29</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Exercise with Miracle 11:00 ☯ Name Me Something You are Grateful For? 1:30 <b>Jim Saint Amour Plays!</b> 2:30 ☯ Classic Movie or Documentary of Choice 2:30 ☯ <b>Girls Night Out Pizza Party!</b> 4:00 ☯ PUZZLES! 6:00 ☯ After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>National Croissant Day</b> <b>30</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Exercise with Miracle 11:00 ☯ <b>Erica, The Storyteller</b> 2:30 ☯ BINGO with Jean 2:30 ☯ Classic Movie or Documentary of Choice 4:00 ☯ PUZZLES! 4:30 🌿 Water the Plants! 6:00 ☯ After Hour Activities/Coloring and Puzzles/Resident Choice</p>	<p><b>National Hot Chocolate Day</b> <b>31</b></p> <p>10:00 ☯ Coffee Talk 10:30 ☯ Moving with Miracle 11:30 ✨ Exercise &amp; Balloon Baseball 2:30 ☯ Creative Crafters &amp; Painters! 2:30 ☯ Let's Make A Deal! 4:00 ☯ Movie Choice: Classic or Modern 6:00 After Hour Activities/Coloring and Puzzles/Resident Choice</p>