



THE ARLINGTON

Your Guide To Touring MEMORY CARE

Enjoy Your Tour!



Choosing a memory care community is a deeply personal decision.

We've created this guide to help you understand what truly matters, what questions to ask during a memory care tour, and how The Arlington's all-inclusive neighborhood can help your family navigate this journey.

During your tour, you may see residents in different stages of memory loss. This is normal. We meet each person where they are, providing compassionate, individualized care through our research-based Heartfelt Connections – A Memory Care Program®, supporting comfort, dignity, and meaningful connections every day.

Knowing your loved one is safe and cared for is both your priority and ours.

QUESTIONS TO ASK

- How is the neighborhood specifically designed for dementia care?
- What security measures prevent wandering?
- Are there wayfinding cues and orientation features?
- Are there secure courtyards, walking paths, and sensory features?
- Does the décor use calming colors and patterns to reduce stress?
- How are medical emergencies handled?

OUR TIP

Look for a clean, well-lit, homelike environment and secure outdoor spaces that are easy to navigate with clear visual cues.

SAFETY & ENVIRONMENT



- What housekeeping, laundry, and maintenance services are included?
- Are therapy services (physical, occupational, speech) available on-site?
- What wellness or fitness programs are offered for residents in memory care?
- How is social engagement encouraged – clubs, events, outings?
- Are pet visits allowed, or are there pet therapy programs?

NOTES



It's important that residents remain engaged through tailored programs and therapies.

OUR TIP

Look for residents smiling when participating in art and music therapy, fitness, and interactive activities.



The Arlington's Approach to Memory Care Programming

We are guided by the principles of Heartfelt Connections – A Memory Care Program®, an evidence-based approach that helps residents find purpose, dignity, and joy in each day. Our high staff-to-resident ratio creates a deeper connection allowing us to learn about each resident's story and celebrate their individual abilities.

QUESTIONS TO ASK

- How many meals and snacks are provided daily? Are dietary restrictions accommodated?
- What role does staff play during mealtimes?
- Are meals planned by a nutritionist to support cognitive function?
- Are hygiene products like disposable underwear included, or are they additional costs?
- Are transportation services provided for appointments, errands, or outings?



WE'RE HERE FOR YOU.

*If you would like to learn more about
memory care at The Arlington, please call
(239) 420-9517 or scan the QR code.*



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thearlingtonofnaples.com

Independent Living | Assisted Living | Memory Care
Skilled Nursing | Short-Term Rehabilitation | Short-Term Stays

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— 1 —

A woman with blonde hair and glasses, wearing a white and red striped blouse, is engaged in a conversation with a man in a dark suit. They are seated at a table with a white document in front of them. The woman is gesturing with her hands as she speaks. The man is looking at her attentively. The background is a plain, light-colored wall.

WMI

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- What is included in the service?
- What services cost extra?
- Do prices increase at different times?
- What's the maximum price?
- What payment options are available?
- Veterans benefits, long-term care insurance, financial aid
- What happens if cancellation is necessary?

Understand memory planning paying for your love

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Cost & Transparency	Questions to Ask
Is the monthly fee included in the monthly fee? Does anything cost extra?	• What is your staff-to-patient ratio during the day, evening, and night?
Does the price increase annually? What is the maximum increase?	• What dementia-specific training does your staff receive? Is it annual?
What payment options are available – private insurance, long-term care benefits, long-term care financial assistance?	• Does your state require dementia-specific training for memory care staff?
What happens if care needs change?	• Will my loved one see different caregivers, or does staff frequently change? What is the turnover rate?
After your tour, ask if you can also speak with a team member for a personal consultation.	• Are licensed nurses available 24/7?

That means one monthly fee
for your parent's private memory care suite,
activities, amenities, and dining.

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