

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>“I’m so glad I live in a world where there are Octobers.” — <i>L.M. Montgomery, Anne of Green Gables</i></div>	<div>Resident Birthdays</div> <div>Judith R.10/9 Bibiane B.10/13 Robert S.10/13 Marie B.10/21</div>	<div></div>	<div>10:00 ☛ Coffee Talk 10:30 🗑 Trivia Challenge 11:00 🗑 Fun with Nancy! 2:00 🗑 Check the Garden! 2:30 🗑 Classic Movie or Documentary of Choice 2:30 🗑 GOBING 4:30 ⚡ Stretch in Place 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>1</div>	<div>World Animal Day! 10:00 ☛ Coffee Talk 10:30 🗑 Exercise 11:00 Trivia on YouTube 1:30 🗑 Frankie T Sings 2:30 🗑 Creative Crafting & Coloring 2:30 DOCUMENTARY/Wild Animals 3:00 ⚡ Stretch in Place 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>2</div>	<div>World Smile Day! 10:00 ☛ Coffee Talk 10:30 🗑 Chair One Fitness 11:00 🗑 Erica, The Storyteller 2:30 🗑 GOBING with Jean 4:00 ☛ PUZZLES! 4:30 🌿 Water the Plants! 6:00 ☛ After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>3</div>	<div>All Activities Are Subject To Change Without Notice. World Card Making Day! 10:00 ⚡ Coffee Talk 10:30 ☛ Moving and Motion 11:30 ⚡ Exercise & Balloon Baseball 1:30 J. Bradford Sings 2:30 ☛ Creative Crafters & Painters! 2:30 You’ve Got Mail!/YouTube 4:00 🗑 DOCUMENTARY/Our Planet 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>4</div>
<div>Octoberfest Ends 10:00 🗑 Coffee Talk & Reminisce 10:30 ☛ Trivia Challenge 11:00 🗑 Patrick The Storyteller 1:30 🌿 Religious Service 2:00 🌿 Bible Study with Pastor Benji 2:30 Classic Movie or Documentary of Choice 2:30 🗑 GOBING with Jean 6:00 🗑 After Hour Activities/Meditation/ Guided Imagery</div> <div>5</div>	<div>Happy Birthday in October! National Badger Day! National Week of Wellness & Well Being!!! 6th-12th. Mind Over Matter! 10:00 ☛ Coffee Talk About Mind Over Matter! 10:30 🌿 Curious Stories of Superstitions and How they Started!! 11:00 Leg Strength Exercises! 11:30 ☛ Documentary on Badgers/YouTube 2:00 🗑 BINGO 2:00 Classic Movie or Documentary of Choice 3:00 ⚡ Stretch in Place 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>6</div>	<div>National Forgiveness & Happiness Day! 10:00 ☛ Coffee Talk 10:30 Trivia Challenge 11:00 Arm Strength Exercises! 11:30 ☛ Move Your Muscles, Nourish Your Soul 1:30 Bob Shea Sings! 2:30 🗑 Quick Trivia 3:00 ☛ Artwork for the Auction! 3:30 ☛ A-Z Anything HAPPY! 6:00 🗑 After Hours Activities/ Trivia and Worksheets</div> <div>7</div>	<div>Wellness Check-In Day! 10:00 ☛ Coffee Talk 10:30 🗑 Trivia Challenge 11:00 🗑 Body Scan Guided Imagery Meditation. 11:30 40’s Music Songbooks 2:00 🗑 Water the Plants! 2:30 Classic Movie or Documentary of Choice 2:30 🗑 GOBING 4:30 🌿 Water the Plants! 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>8</div>	<div>Gratitude With Attitude Day! 10:00 🗑 Coffee Talk 10:00 🗑 Doterra Spa 10:30 🗑 3 Things I Am Grateful For... With My Circle of Friends 11:00 🗑 Fred Plays Piano 1:30 Jim St. Amour Plays! 2:30 Classic Movie or Documentary of Choice 2:30 🗑 Creative Crafting & Coloring 3:00 ⚡ Stretch in Place 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>9</div>	<div>National Angel Food Cake Day...Making Moments Count! 10:00 ☛ Coffee Talk 10:30 🗑 Chair One Fitness & Mind Body Connection Through Breath 11:00 🗑 Erica, The Storyteller 2:30 Alfred Hitchcock Presents 2:30 Classic Movie or Documentary of Choice 2:30 🗑 GOBING with Jean & Angel Food Cake Snack 4:00 ☛ PUZZLES! 4:30 🌿 Water the Plants! 6:00 ☛ After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>10</div>	<div>Stay in Balance Day! 10:00 🗑 Coffee Talk & Reminisce 10:30 ☛ Aroma Therapy...What's that Scent? 11:30 ⚡ Ostrich Egg Balance Challenge! 2:30 ☛ Creative Crafters & Painters! 2:30 One Step Beyond/YouTube 4:00 🗑 Movie Choice: Classic or Modern 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>11</div>
<div>My Cup Runneth Over Day! 10:00 🗑 Coffee Talk & Reminisce 10:30 ☛ Strengthen Your Mind 11:00 🗑 Patrick The Storyteller 1:30 🌿 Religious Service 2:00 🌿 Bible Study with Pastor Benji 2:30 Classic Movie or Documentary of Choice 2:30 🗑 GOBING with Jean 6:00 🗑 After Hour Activities/Meditation/ Guided Imagery</div> <div>12</div>	<div>Columbus Day 10:00 ☛ Coffee Talk 10:30 🌿 Who am I? /Tell Me Their Story! 11:30 ☛ Masterpiece Monday (All the Great Artists of the World) 2:00 The Little Foxes/1041 Prime 2:30 🗑 BINGO and Hot Snack! 3:00 ⚡ Stretch in Place 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>13</div>	<div>National Dessert Day! 10:00 ☛ Coffee Talk 10:30 Trivia Challenge 11:00 🗑 DRUMMING CIRCLE 2:00 🗑 Poetry & Story Telling 2:30 🗑 Quick Trivia 3:00 ☛ BINGO or Artwork for the Auction! 3:00 ☛ Passport Armchair Travels 6:00 🗑 After Hours Activities/ Trivia and Worksheets</div> <div>14</div>	<div>National I Love Lucy Day! 10:00 ☛ Coffee Talk 10:30 🗑 Trivia Challenge 11:00 🗑 Fun with Nancy! 1:30 🗑 BUS RIDE 2:30 🗑 GOBING 2:30 I LOVE Lucy on YouTube 4:30 🌿 Water the Plants! 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>15</div>	<div>National Boss's Day! 10:00 🗑 Coffee Talk 10:30 🗑 Chair One Fitness 11:00 Who was your Boss? Where did you Work? What was your favorite Job? 1:30 Alan Bradford Sings- Elmarie AL & Skilled 2:30 🗑 Creative Crafting & Coloring 2:30 Who's the Boss?/ YouTube 3:00 ⚡ Stretch in Place 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>16</div>	<div>10:00 ☛ Coffee Talk 10:30 🗑 Chair One Fitness & Ageless Grace 11:00 🗑 Erica, The Storyteller 2:30 🗑 GOBING with Jean 2:30 The Twilight Zone/YouTube 3:30 🌿 Check the Herbs 4:00 ☛ PUZZLES! 4:30 🌿 Water the Plants! 6:00 ☛ After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>17</div>	<div>10:00 ⚡ Coffee Talk 10:30 ☛ Moving and Motion 11:30 ⚡ Exercise & Balloon Baseball 1:30 🗑 Laura Leary Plays Violin! 2:30 ☛ Creative Crafters & Painters! 2:30 The Outer Limits on YouTube 4:00 🗑 Movie Choice: Classic or Modern 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>18</div>
<div>10:00 🗑 Coffee Talk & Reminisce 10:30 ☛ Trivia Challenge 11:00 🗑 Patrick The Storyteller 1:30 🌿 Religious Service 2:00 🌿 Bible Study with Pastor Benji 2:00 Classic Movie or Documentary of Choice 2:30 Classic Movie or Documentary of Choice 2:30 🗑 GOBING with Jean 6:00 🗑 After Hour Activities/Meditation/ Guided Imagery</div> <div>19</div>	<div>10:00 ☛ Coffee Talk 10:30 🌿 Who am I? /Tell Me Their Story! 11:30 ☛ Masterpiece Monday (All the Great Artists of the World) 2:00 🗑 BINGO 2:00 Shirley Temple/YouTube 3:00 ⚡ Stretch in Place 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>20</div>	<div>Art Auction! 10:00 ☛ Coffee Talk 10:30 Trivia Challenge 11:30 ☛ Armchair Travels to Mumbai! 2:00 🗑 Take Turns Trip to Art Auction! 3:00 ☛ Documentary on Picasso/ YouTube 3:30 ☛ Masterpiece Artists/YouTube 4:00 Old World Artists 6:00 🗑 After Hours Activities/ Trivia and Worksheets</div> <div>21</div>	<div>Hot Fudge Brownie Sundae Day! 10:00 ☛ Coffee Talk 10:30 🗑 Trivia Challenge 11:30 40’s Music Songbooks 2:00 🗑 Water the Plants! 2:30 Classic Movie or Documentary of Choice 2:30 🗑 GOBING 4:30 🌿 Water the Plants! 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>22</div>	<div>National Horror Movie Day! 10:00 🗑 Coffee Talk 10:30 🗑 Exercise and Song 11:00 Fred Plays Piano 1:30 🗑 Bill Colletti Plays Trumpet 2:00 Alzheimer's Support Network Meeting 2pm in the Destination Dining Room in Independent Living. 2:30 🗑 Creative Crafting & Coloring 2:30 The Outer Limits on YouTube 3:00 ⚡ Stretch in Place 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>23</div>	<div>National Kangaroo Awareness Day! 10:00 ☛ Coffee Talk 10:30 🗑 Exercise and Song! 11:00 🗑 Erica, The Storyteller 2:30 Documentary on Kangaroo's/ YouTube 2:30 🗑 GOBING with Jean 4:00 ☛ PUZZLES! 4:30 🌿 Water the Plants! 6:00 ☛ After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>24</div>	<div>World Opera Day 10:00 🗑 Coffee Talk & Reminisce 10:30 ☛ Moving and Motion 11:30 ⚡ Exercise & Balloon Baseball 2:30 Best Opera Singers! 2:30 ☛ Creative Crafters & Painters! 4:00 🗑 Andrea Bocelli on YouTube 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>25</div>
<div>A Taste of Italy, YOUR Spices From the Garden! 10:00 🗑 Coffee Talk & Reminisce 10:30 ☛ Trivia Challenge 11:00 🗑 Patrick The Storyteller 1:30 🌿 Religious Service 2:00 🌿 Bible Study with Pastor Benji 2:30 Classic Movie or Documentary of Choice 2:30 🗑 GOBING with Jean 6:00 🗑 After Hour Activities/Meditation/ Guided Imagery</div> <div>26</div>	<div>10:00 ☛ Coffee Talk 10:30 🌿 Who am I? /Tell Me Their Story! 11:30 ☛ Masterpiece Monday (All the Great Artists of the World) 2:30 🗑 BINGO 2:30 Bonanza/YouTube 3:00 ⚡ Stretch in Place 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div> <div>27</div>	<div>Dining in Style/Dress Up & Glow! 10:00 ☛ Coffee Talk 10:30 Trivia Challenge 11:00 ☛ Armchair Travels to Salem, MA 11:30 ☛ Let's Discuss This... 2:00 🗑 Quick Trivia 3:00 ☛ Artwork for the NEXT Auction! 5:00 Emily Ann Plays Violin! 6:00 🗑 After Hours Activities/ Trivia and Worksheets</div> <div>28</div>	<div>29</div> <div>10:00 ☛ Coffee Talk 10:30 🗑 Trivia Challenge 11:30 40’s Music Songbooks 2:00 🗑 Water the Plants! 2:30 Classic Movie or Documentary of Choice 2:30 🗑 GOBING 4:30 🌿 Check the Plants & Herbs! 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div>	<div>30</div> <div>10:00 🗑 Coffee Talk 10:30 🗑 Exercise with Miracle 11:00 Throw the Ball! 11:30 AGT/ YouTube 1:30 🗑 Chicago Heat Sings! 3:00 🗑 Girls Night Out Pizza Party! 6:00 🗑 After Hour Activities/Coloring and Puzzles/Resident Choice</div>	<div>31</div> <div>Halloween 10:00 ☛ Coffee Talk 10:30 🗑 Exercise and Song 11:00 🗑 Erica, The Storyteller 2:30 🗑 GOBING with Jean 2:30 Ghostbusters! 4:00 ☛ PUZZLES! 4:30 🌿 Water the Plants! 6:00 ☛ After Hour Activities/Coloring and Puzzles/Resident Choice</div>	<div>☛ Emotional 🌿 Environmental 🗑 Health Services ☛ Intellectual ⚡ Physical 🗑 Social 🌿 Spiritual 🌿 Vocational</div>