

SEPTEMBER 2025

Health & Wellness Providers on Campus:

- Dr. Barbara Barrocas, Acupuncture: For Appointment call 786-443-2481
- Dr. Anna K, Psychologist: Tuesdays & Thursdays by Appointment
- OnSpot Dermatology: Friday, Sept. 12th starting at 9:00 AM
- Life Hearing: Wednesday, Sept. 18th starting at 1:00 PM
- Self-Care with Essential Oils: Thursday, Sept. 18th 10:00 AM-12:00 Noon
- **Vaccine Clinic** **Wednesday, October 1st 9:00 AM-4:00 PM**
Preregistration through Wellness is Required

Call the Health & Wellness Navigator (Center for Wellness)
to Schedule an Appointment ~ 307-3018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 LABOR DAY 11:00-2:00 Labor Day Picnic Buffet - EXD 2:00-4:00 Labor Day Casino - CAC ** No Fitness Classes Today ** Bistro, Pub & Clubhouse are Closed	2 8:30 Prayer & Bible Study - BIS 9:00 Water Aerobics - IP 10:00 Chair Mobility Fitness - FS 10:00 DEPART: Publix Shopping 10:30 Rummikub - TCR 12:30 Scrabble - LIB 2:00 Documentary - CIN “A Close-Up Look into Bollywood” 4:00-5:00 Fifth-Third Bank Hour	3 8:15 Ping Pong - FS 9:30 Balance Class - CAC 9:30 The Bridge Club - EXD 10:30 Stretch Class - CAC 11:30 Boxing Fitness - CAC 1:00 Art Class - AS 1:00 Blackjack - TCR 2:30 Brain Builder’s Club - CIN Group One 5:00-7:00 Guitar Music by Thomas Jay in the Lounge	4 9:00 Water Aerobics - IP 9:00 Men’s Coffee - DES 10:30 Mat Pilates - FS 10:30 E.D.U. Courses - CIN “The Middle East in the 20th Century” Episodes #21 & #22 11:30 Fitness Equipment Training with Dave - Fitness Gym 12:30 Open Poker - TCR 1:30 Rotten Tomatoes Film - CIN “Laura” 2:00 Mah-Jongg Refresher - BIS	5 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Class - CAC 10:30 Strength Building - CAC 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:15 E.D.U College Bound! - CIN Introduction to Western Philosophy Lesson #1: Introduction, “Wonder & the Good” 2:45 Team Trivia - CIN	6 9:30 Ping Pong - FS 10:30 Rummikub - TCR 10:30 Bible Study with Pastor Benji - CIN 2:30 Documentary - CIN “Return of the King—The Rise & Fall of Elvis Presley” 7:00 Feature Film - CAC “Lion” Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742
7 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 12:00 Catholic Mass & Eucharist - CAC 2:00 Matinee Series - CIN “The Gilded Age” Season One Episodes #2 & 3	8 9:30 Balance Class - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN “A Life Among the Elephants” 12:30 Samba Card Game - TCR 1:00 Ladies Bible Study Fellowship - CAC & DES 1:00 Brain Builder’s Club - CIN Group Two 2:30 Let’s Play Thirteen - BIS 7:00 Men’s Movie - CIN “Seven Years in Tibet”	9 8:30 Prayer & Bible Study - BIS 9:00 Water Aerobics - IP 10:00 Chair Mobility Fitness - FS 10:00 DEPART: Publix Shopping 10:30 Rummikub - TCR 12:00 Lunch & Learn with Physician’s Regional featuring Cardiologist Dr. Bishoy Abraham, MD - CAC “Interventional Cardiology” 12:30 Scrabble - LIB 2:30 MediciTV Presents - CIN “Béjart’s Bhakti: Traditional Indian Music” 4:00-5:00 Fifth-Third Bank Hour	10 8:15 Ping Pong - FS 9:30 Balance Class - CAC 9:30 The Bridge Club - EXD 10:30 Stretch Class - CAC 11:30 Boxing Fitness - CAC 1:00 Art Class - AS 1:00 Blackjack - TCR 2:30 Brain Builder’s Club - CIN Group One 3:30 “The Bald Eagle Flies Again” - CAC	11 PATRIOT DAY 9:00 Water Aerobics - IP 9:00 Men’s Coffee - DES 10:30 Mat Pilates - FS 10:30 E.D.U. Courses - CIN “The Middle East in the 20th Century” Episodes #23 & #24 11:30 Fitness Equipment Training with Dave - Fitness Gym 12:30 Open Poker - TCR 1:00 Uniguest Instructional - CIN “Your Profile & Why You Want to Build It Up” 2:00 Mah-Jongg Refresher - BIS	12 9:00 Coffee with SWFL Vets - DES 9:00 DEPART: Tour & Visit to Guadalupe Center in Immokalee 12:00-2:00 Assisted Living Week Community Celebration LUAU! 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 2:30 E.D.U College Bound! - CIN Introduction to Western Philosophy Lesson #2: Plato—Music, Poetry & Justice ** No Fitness Classes Today **	13 9:30 Ping Pong - FS 10:30 Rummikub - TCR 10:30 Bible Study with Pastor Benji - CIN 2:30 Documentary Film - CIN “Going Circular—A Conceptual Economic System” 7:00 Feature Film - CAC “The Darjeeling Limited” Garcia Car Detailing On Campus Starting at 8:00 AM By Appointment: (239) 572-2742

LOCATION KEY:

AS = Art Studio BIS = Bistro 7900 CAC = Cultural Arts Center CIN = Cinema Room CLB = Clubhouse DES = Destination Dining EXD = Exhibition Dining Room
FS = Fitness Studio GR = Game Room IP = Indoor Pool LIB = Library ME = Main Entrance TCR = Terrace Club Room ZOOM or ZM = Streaming via Zoom

Please Note ~ All Events & Programming are Subject to Change Without Notice

SEPTEMBER CALENDAR 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14 GRANDPARENT’S DAY 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 12:00 Catholic Mass & Eucharist - CAC 2:00 Matinee Series - CIN “The Gilded Age” Season One Episodes #4 & 5	15 9:30 Balance Class - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN “Ticket to the Future—The Evolution of Travel” 12:30 Samba Card Game - TCR 1:00 Ladies Bible Study Fellowship - CAC & DES 1:00 Brain Builder’s Club - CIN Group Two 2:30 Let’s Play Thirteen - BIS 4:45-5:30 Pub Pong Challenge - Lounge	16 8:30 Prayer & Bible Study - BIS 9:00 Water Aerobics - IP 10:00 Chair Mobility Fitness - FS 10:00 DEPART: Publix Shopping 10:30 Rummikub - TCR 11:00 Travels with Gail - CAC “The Baltic Capitals—Lithuania, Latvia, Estonia & Finland” 12:30 Scrabble - LIB 1:00 Book Club - CIN “Tell Me Everything” by Elizabeth Strout 4:00-5:00 Fifth-Third Bank Hour 7:00 The Richmonds - CAC “Vicki Sings the Blues”	17 8:15 Ping Pong - FS 9:30 Balance Class - CAC 9:30 The Bridge Club - EXD 10:30 Stretch Class - CAC 11:30 Boxing Fitness - CAC 1:00 Art Class - AS 1:00 Lightning Bingo with Gloribi - CIN 2:30 Brain Builder’s Club - CIN Group One	18 9:00 Water Aerobics - IP 9:00 Men’s Coffee - DES 10:00-12:00 Self-Care with Essential Oils - Wellness 10:30 Mat Pilates - FS 10:30 E.D.U. Courses - CIN “Customs of the World” Episodes #1 & #2 11:30 Fitness Equipment Training with Dave - Fitness Gym 12:30 Open Poker - TCR 2:00 Mah-Jongg Refresher - BIS 2:00 “Well on Your Way” Watch Party: “Eat Well, Age Well—The Recipe for Lifelong Vitality” - CAC	19 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Class - CAC 10:00 Bake Sale Fundraiser - Lobby 10:30 Strength Building - CAC 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:15 E.D.U College Bound! - CIN Introduction to Western Philosophy Lesson #3: Plato—Liberal Education & Philosophy 2:30 Chick Flick - CAC “Eat, Pray, Love”	20 9:30 Ping Pong - FS 10:30 Rummikub - TCR 10:30 Bible Study with Pastor Benji - CIN 2:30 Documentary Film - CIN “ABBA—Against the Odds” 7:00 Feature Film - CAC “James Bond: Octopussy” <i>Garcia Car Detailing On Campus Starting at 8:00 AM</i> <i>By Appointment: (239) 572-2742</i>
21 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 12:00 Catholic Mass & Eucharist - CAC 2:00 Matinee Series - CIN “The Gilded Age” Season One Episodes #6 & 7	22 AUTUMN BEGINS 9:30 Balance Class - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN “The Virus within Us” 11:30 NeuroTango Class - FS 12:30 Samba Card Game - TCR 1:00 Ladies Bible Study Fellowship - CAC & DES 1:00 Brain Builder’s Club - CIN Group Two 2:30 Let’s Play Thirteen - BIS ROSH HASHANAH BEGINS	23 8:30 Prayer & Bible Study - BIS 9:00 Water Aerobics - IP 10:00 Chair Mobility Fitness - FS 10:00 DEPART: Publix Shopping 10:30 Rummikub - TCR 12:30 Scrabble - LIB 2:30 International Film - CAC “I Hate Luv Stories” 4:00-5:00 Fifth-Third Bank Hour	24 WORLD BOLLYWOOD DAY 8:15 Ping Pong - FS 9:30 Balance Class - CAC 9:30 The Bridge Club - EXD 10:30 Stretch Class - CAC 11:30 Boxing Fitness - CAC 1:00 Art Class - AS 12:30 Blackjack - TCR 2:00 Resident Town Hall - CAC 7:00 MediciTV Presents - CIN Essential Female Composers: “Chiara Margarita Cozzolani, Vespers for the Virgin Mary”	25 9:00 Water Aerobics - IP 9:00 Men’s Coffee - DES 10:30 Mat Pilates - FS 10:30 E.D.U. Courses - CIN “Customs of the World” Episodes #3 & #4 11:30 Fitness Equipment Training with Dave - Fitness Gym 12:30 Open Poker - TCR 2:30 Sports Talk Gurus - PUB 2:00 Mah-Jongg Refresher - BIS	26 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Class - CAC 10:30 Strength Building - CAC 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:15 E.D.U College Bound! - CIN Introduction to Western Philosophy Lesson #4: Aristotle—Moral & Intellectual Virtues 4:00 New Neighbor Meet & Greet - PUB 7:00 Dr. Tom Cimarusti - CAC “Bollywood”	27 9:30 Ping Pong - FS 10:30 Rummikub - TCR 10:30 Bible Study with Pastor Benji - CIN 2:30 Documentary Film - CIN “Mother Theresa—No Greater Love” 7:00 Feature Film - CAC “City of Joy” <i>Garcia Car Detailing On Campus Starting at 8:00 AM</i> <i>By Appointment: (239) 572-2742</i>
28 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 12:00 Catholic Mass & Eucharist - CAC 2:00 Matinee Series - CIN “The Gilded Age” Season One Episodes #8 & 9	29 9:30 Balance Class - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN “Ancient Engineering—Ancient Waterways” 12:30 Samba Card Game - TCR 1:00 Ladies Bible Study Fellowship - CAC & DES 1:00 Brain Builder’s Club - CIN Group Two 2:30 Let’s Play Thirteen - BIS 6:30 Karaoke & Sing-a-Long - CAC	30 8:30 Prayer & Bible Study - BIS 9:00 Water Aerobics - IP 10:00 Chair Mobility Fitness - FS 10:00 DEPART: Publix Shopping 10:30 Rummikub - TCR 12:30 Scrabble - LIB 2:30 Collaborative Wellness: Acupuncture & Essential Oils - CAC 4:00-5:00 Fifth-Third Bank Hour	1 OCTOBER Vaccine Clinic ~ 9AM-4PM Center for Wellness 8:15 Ping Pong - FS 9:30 Balance Class - CAC 9:30 The Bridge Club - EXD 10:30 Stretch Class - CAC 11:30 Boxing Fitness - CAC 1:00 Art Class - AS 1:00 Blackjack - TCR 2:30 Brain Builder’s Club - CIN Group One 7:00 Grand Piano Series presents Konstantin Soukhovetski & Milana Streveza “Four Hands Classical Piano Performance” - CAC	2 9:00 Water Aerobics - IP 9:00 Men’s Coffee - DES 10:30 Mat Pilates - FS 10:30 E.D.U. Courses - CIN “Customs of the World” Episodes #5 & #6 11:30 Fitness Equipment Training with Dave - Fitness Gym 12:30 Open Poker - TCR 1:30 Mind Field Discussion - CIN “Moral Licensing” 2:00 Mah-Jongg Refresher - BIS	3 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Class - CAC 10:30 Strength Building - CAC 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:15 E.D.U College Bound! - CIN Introduction to Western Philosophy Lesson #5: Aristotle—Metaphysics, Physics & the Soul 4:45-5:30 “Win, Lose or Draw” in the Lounge	

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