

April 2025

Health & Wellness Providers on Campus:

- Dr. Anna K, Psychologist: Tuesdays & Thursdays by Appointment
- OnSite Dermatology: Friday, April 11th starting at 9:00 AM
- Life Hearing: Wednesday, April 16th starting at 1:00 PM
- Self-Care with Essential Oils: Thursday, April 17th 10:00 AM-12:00 Noon

Call the Health & Wellness Navigator (Center for Wellness)
to Schedule an Appointment ~ 307-3018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 8:30 Prayer & Bible Study - BIS 9:00 Water Aerobics - IP 10:00 Chair Mobility Fitness - FS 10:00 DEPART: Publix Shopping 10:30 Rummikub - TCR 12:30 Scrabble - LIB 4:00-5:00 Fifth-Third Bank Hour 5:00 Wine & Dine Bingo - CAC 7:00 Friends of Bill W. - CHP	2 8:15 Ping Pong - FS 9:30 Balance Class - CAC 9:30 The Bridge Club - EXD 10:30 Stretch Class - CAC 11:30 App Chat with Alexa - TCR 11:30 Boxing Fitness - CAC 1:00 Art Class - AS 1:00 Blackjack - TCR 2:30 E.D.U. TEDTalk Discussion "Will AI Make Us the Last Generations to Read & Write?" - CIN 4:50-5:30 Thirsty Target Putts - Lounge	3 9:00 Water Aerobics - IP 9:00 Men's Coffee - DES 10:30 Mat Pilates - FS 10:30 E.D.U. Courses - CIN "Understanding Japan" Ep. 3: The Ritsuryo State Ep. 4: Aspects of Japanese Language 12:30 Open Poker - TCR 1:30 International Film - CAC "I'm Still Here" 2:00 Mah-Jongg Refresher - BIS	4 9:00 Coffee with SWFL Vets - DES 9:30 Balance Class - CAC 10:30 Strength Building - CAC 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 1:45 Healthful Topic - CIN "Physical Activity & Brain Health in Aging" by UC San Diego School of Medicine 5:00-7:00 Music by Thomas Jay in the Lounge	5 9:00 Ping Pong - FS 10:30 Rummikub - TCR 10:30 Bible Study with Pastor Benji - CIN 2:30 E.D.U. DocuSeries - CIN "Breaking Boundaries—The Science of Our Planet" with David Attenborough 5:00 Catholic Eucharist - CAC 7:00 Feature Film - CAC "The Room Next Door"
6 10:00 Christian Worship Service - CAC 11:00-2:00 Sunday Brunch - EXD 1:30 Matinee Series - CIN "The White Lotus" Season One Episodes #1 & #2 1:30 Watercolor Class with Wanda - TCR	7 9:30 Balance Class - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN "Europe's Forgotten Border" 12:30 Samba Card Game - TCR 1:00 Ladies Bible Study Fellowship - CIN & CHP 2:30 Let's Play Thirteen - BIS 7:00 Men's Movie Night - CIN "The French Connection" starring Gene Hackman	8 8:30 Prayer & Bible Study - BIS 9:00 Water Aerobics - IP 10:00 Chair Mobility Fitness - FS 10:00 DEPART: Publix Shopping 10:30 Rummikub - TCR 12:30 Scrabble - LIB 1:00 Lighting Bingo - CIN 2:30 Healthful Topic - CIN "The Future of Precision Medicine: Stem Cells, Gene Therapy & AI" by UC San Diego Stem Cell Institute 4:00-5:00 Fifth-Third Bank Hour 7:00 Friends of Bill W. - CHP	9 8:15 Ping Pong - FS 9:30 Balance Class - CAC 9:30 The Bridge Club - EXD 10:30 Stretch Class - CAC 11:30 App Chat with Alexa - TCR 11:30 Boxing Fitness - CAC 1:00 Art Class - AS 1:00 Blackjack - TCR 2:00 Resident Council Town Hall Meeting - CAC	10 50,000 STEP CHALLENGE 9:00 Water Aerobics - IP 9:00 Men's Coffee - DES 10:30 Mat Pilates - FS 10:30 E.D.U. Courses - CIN "Understanding Japan" Ep. 5: Early Japanese Buddhism Ep. 6: Heian Court Culture 12:30 Open Poker - TCR 2:00 Mah-Jongg Refresher - BIS 2:30 Carol Jonson Presents: "The Phoenix has Risen—The Rebuilding of Notre Dame" - CIN	11 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Class - CAC 10:30 Strength Building - CAC 12:00 DEPART: First Baptist Academy Student Orchestra Concert 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 2:30 E.D.U College Bound! - CIN Great Books Renaissance to the Modern Era Lesson #2: Comedy & Conversion in Cervantes' Don Quixote	12 9:00 Ping Pong - FS 10:30 Rummikub - TCR 2:30 "Full Swing" - CIN Season One "Frenemies" 5:00 Catholic Eucharist - CAC 7:00 Feature Film - CAC "Hoosiers" starring Gene Hackman

LOCATION KEY:

AS = Art Studio BIS = Bistro 7900 CAC = Cultural Arts Center CIN = Cinema Room CLB = Clubhouse DES = Destination Dining EXD = Exhibition Dining Room
FS = Fitness Studio GR = Game Room IP = Indoor Pool LIB = Library ME = Main Entrance TCR = Terrace Club Room ZOOM or ZM = Streaming via Zoom

Please Note ~ All Events & Programming are Subject to Change Without Notice

April Calendar 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13 10:00 Crossway Fellowship - CAC 11:00-2:00 Sunday Brunch - EXD 1:30 Matinee Series - CIN "The White Lotus" Season One Episodes #3 & #4 1:30 Watercolor Class with Wanda - TCR	14 9:30 Balance Class - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN "The Untold Story of The Vatican" 12:30 Samba Card Game - TCR 1:00 Ladies Bible Study Fellowship - CIN & CHP 2:00 Sandy Parker presents "Collier County Civics 101" - CAC 2:30 Let's Play Thirteen - BIS	15 8:30 Prayer & Bible Study - BIS 9:00 Water Aerobics - IP 10:00 Chair Mobility Fitness - FS 10:00 DEPART: Publix Shopping 10:30 Rummikub - TCR 12:30 Scrabble - LIB 1:00 Book Club - CIN "The Barbizon" by Paula Bren 4:00-5:00 Fifth-Third Bank Hour 6:30-8:00 After Dinner Happy Hour featuring Chicago Heat - CAC 7:00 Friends of Bill W. - CHP	16 8:15 Ping Pong - FS 9:30 Balance Class - CAC 9:30 The Bridge Club - EXD 10:30 Stretch Class - CAC 11:30 Boxing Fitness - CAC 11:30 App Chat with Alexa - TCR 1:00 Art Class - AS 1:00 Blackjack - TCR 2:30 Game Day Gurus - PUB 4:45-5:30 Pub Pong - Lounge	17 9:00 Water Aerobics - IP 9:00 Men's Coffee - DES 10:00-12:00 Self-Care with Essential Oils - Wellness 10:30 Mat Pilates - FS 10:30 E.D.U. Courses - CIN "Understanding Japan" Ep. 7: Rise of the Samurai Ep. 8: Pure Land Buddhism & Zen Buddhism 12:30 Open Poker - TCR 1:30 Team Trivia - CIN 2:00 Mah-Jongg Refresher - BIS	18 9:00 Coffee with SWFL Vets - DES 9:30 Balance Class - CAC 10:30 Strength Building - CAC 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 2:30 E.D.U. College Bound! - CIN Great Books Renaissance to the Modern Era Lesson #3: Shakespeare's Hamlet, How Not to Be a Prince	19 9:00 Ping Pong - FS 10:30 Rummikub - TCR 2:30 "Full Swing" - CIN Season One "Win or Go Home" 5:00 Catholic Eucharist - CAC 7:00 Feature Film - CAC "No Way Out" starring Gene Hackman
20 10:00 Crossway Fellowship - CAC 11:00-2:00 Sunday Brunch - EXD 1:30 Matinee Series - CIN "The White Lotus" Season One Episodes #5 & #6 1:30 Watercolor Class with Wanda - TCR	21 ENVIRONMENTAL WELLNESS WEEK 9:30 Balance Class - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN "Comedy Legends—The Marx Brothers" 12:30 Samba Card Game - TCR 1:00 Ladies Bible Study Fellowship - CIN & CHP 2:30 Let's Play Thirteen - BIS 3:00 Life Advice for Older Adults: "16 Things that Cause Clutter"	22 EARTH DAY Earth Day Scavenger Hunt 8:30 Prayer & Bible Study - BIS 9:00 Water Aerobics - IP 10:00 Chair Mobility Fitness - FS 10:00 DEPART: Publix Shopping 10:30 Rummikub - TCR 12:30 Scrabble - LIB 1:30 Rotten Tomatoes Best Film & Discussion - CIN "The Third Man" 4:00-5:00 Fifth-Third Bank Hour 7:00 Friends of Bill W. - CHP	23 8:15 Ping Pong - FS 9:30 Balance Class - FS 9:30 The Bridge Club - EXD 10:30 Stretch Class - FS 11:30 App Chat with Alexa - TCR 1:00 Blackjack - TCR 1:00 Art Class - AS 1:30 Life Advice for Older Adults: "16 Things that Cause Clutter" 6:00 Mai Tai Magic Luau - CLB ** Fitness Classes in FS Today ** Boxing Fitness is Cancelled	24 9:00 Water Aerobics - IP 9:00 Men's Coffee - DES 10:30 Mat Pilates - FS 10:30 E.D.U. Courses - CIN "Understanding Japan" Ep. 9: Samurai Culture in Ashikaga Period Ep. 10: Japan at Home & Abroad, 1300-1600 12:30 Open Poker - TCR 2:00 Mah-Jongg Refresher - BIS 2:00 Biologist Brittany Piersma presents on "Burrowing Owls of SWFL—A Story of Species Resilience" - CAC	25 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Class - CAC 10:30 Strength Building - CAC 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 2:30 E.D.U. College Bound! - CIN Great Books Renaissance to the Modern Era Lesson #4: Shakespeare's The Tempest, The Liberating Art of Reconciliation 4:00 New Neighbor Meet & Greet - PUB 7:00 Dr. Tom Cimarusti - CAC "Hearing the Rainbow—Harold Arlen's 'Over the Rainbow'"	26 9:00 Ping Pong - FS 10:30 Rummikub - TCR 2:30 "Full Swing" - CIN Season One "Money or Legacy" 5:00 Catholic Eucharist - CAC 7:00 Feature Film - CAC "The Conversation" starring Gene Hackman
27 10:00 Crossway Fellowship - CAC 11:00-2:00 Sunday Brunch - EXD 1:30 Matinee Series - CIN "The White Lotus" Season Two Episodes #1 & #2 1:30 Watercolor Class with Wanda - TCR	28 9:30 Balance Class - CAC 10:30 Strength Building - CAC 11:15 E.D.U. Curiosity - CIN "My Musical Brain" 12:30 Samba Card Game - TCR 1:00 Ladies Bible Study Fellowship - CIN & CHP 1:30 Chick Flick - CAC "Blue Jasmine" 2:30 Let's Play Thirteen - BIS	29 8:30 Prayer & Bible Study - BIS 9:00 Water Aerobics - IP 10:00 Chair Mobility Fitness - FS 10:00 DEPART: Publix Shopping 10:30 Rummikub - TCR 12:30 Scrabble - LIB 2:30 Team Trivia with a Twist...of Lime! - CAC 4:00-5:00 Fifth-Third Bank Hour 7:00 Friends of Bill W. - CHP	30 8:15 Ping Pong - FS 9:30 Balance Class - CAC 9:30 The Bridge Club - EXD 10:30 Stretch Class - CAC 11:30 Boxing Fitness - CAC 11:30 App Chat with Alexa - TCR 1:00 Blackjack - TCR 1:00 Art Class - AS 2:00 Resident Quarterly Meeting - CAC	1 9:00 Water Aerobics - IP 9:00 Men's Coffee - DES 10:30 Mat Pilates - FS 10:30 E.D.U. Courses - CIN "Understanding Japan" Ep. 11: Japan's Isolation in Tokugawa Period Ep. 12: Japanese Theatre—Noh & Kabuki 12:30 Open Poker - TCR 2:00 Mah-Jongg Refresher - BIS	2 9:00 Coffee with SWFL Vets - ZM 9:30 Balance Class - CAC 10:30 Strength Building - CAC 12:15 Mah-Jongg - LIB 12:30 Open Poker - TCR 2:30 E.D.U. College Bound! - CIN Great Books Renaissance to the Modern Era Lesson #5: Milton's Paradise Lost & the Drama of Self Knowledge	3 9:00 Ping Pong - FS 10:30 Rummikub - TCR 2:30 "Full Swing" - CIN Season One "Imposter Syndrome" 5:00 Catholic Eucharist - DES 5:30 Kentucky Derby Party - CAC ** Catholic Eucharist in DES Today **

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